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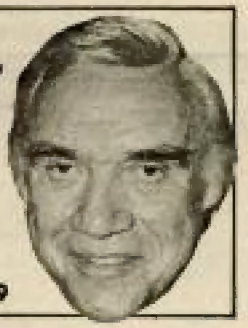
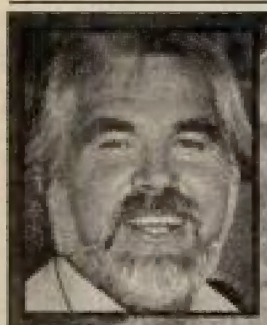
'I'm a women's libber and proud of it,' says Lorne Greene



PAGE 29

Be slim by New Year!

INCREDIBLE NEW HOLIDAY DIET



EXCLUSIVE: The heartbreaking road to country stardom

How to smooth away those ugly age wrinkles
PAGE 36

Skillful doctors mend a baby's broken heart
PAGE 5

Nightmare of the killer wolf woman
PAGE 20

'Brooke Shields didn't turn me on,' says costar
PAGE 9

Auteursrechtelijk beschermd materiaal

Oh, that sinking feeling

This was the launching Ken Watson will never forget. The Warwickshire, England, builder fell so in love with American paddle steamers that he built an 18-foot working replica of a 157-foot riverboat he saw in Louisville, Ky. But the maiden voyage didn't go quite as Ken planned. The ramp was too steep, the back end of the boat took on water and Ken had to quickly scramble out of the hidden cockpit. Then, a friendly stranger had to tow builder and boat back to shore. But Ken's not willing to see his dream sail down the river. He has boiled out his boat and is going to try again next time from a gentler launch ramp.

IT'S A MAD, MAD WORLD

Stowaway pooch gets first-class treatment on luxury cruise liner

A mutt got first-class service all the way to the Bahamas when he stowed away on a luxury cruise liner.

It was steak, chicken, roast beef and all the attention he could want when Piccolo, the frisky four-legged passenger, became the first pooch ever to stow away on Cunard's luxury liner the Queen Elizabeth 2.

He had the run of the kennel deck all the way from New York City to the Caribbean islands.

"Piccolo is having a great time," reported the Cunard spokeswoman, Alice Marshall, on a ship-to-shore call.

And when the liner docked after the two-week trip, the friendly nine-pound passenger was greeted by his waiting owner, Ruth Kowalczyk, who had been notified earlier her brown and white mutt had been found safe and sound and living in style aboard the ship.

"Imagine that," Ruth exclaimed, "he goes on a cruise and leaves me at home."

Dieter craves bank robbery

A man on trial for holding up a bank offered a strange defense — Ronald Springston said dieting made him do it.

The 30-year-old dieter from Wheeler, Ark., said he underwent hypnosis that cured him of his desire to eat too much but left him with a craving to rob a bank.

His lawyer explained to stunned authorities that Ronald was susceptible to suggestion and when his hypnotist told him he was strong and intelligent and could even rob a bank if he wanted to he took it literally.

Ronald was charged with holding up a Prairie Grove, Ark., bank and getting away with more than $8,000. He admitted to the crime and apologized, even leading the FBI to the money, but he said the hypnosis treatment wasn't a total loss. He lost 10 pounds.

Phone tapes offer noisy alibis

Husbands and wives who aren't home when they're supposed to be can call with an authentic sounding excuse — all they have to do is turn on a background tape and dial it to the sound they want. The $10 tape comes equipped with recorded noises of traffic jams, subways, railroad stations, even the clickety clack of a typewriter for the spouse who's explaining he's caught at the office.

More than 400 "Telephone Alibis" were sold the first week they were marketed in Germany.

Bandit forgets gun, asks clerk to wait

An absent-minded bandit forgot his gun — then told his victim to please wait while he went to find it.

The forgetful felon walked into a photography store and barked at the frightened clerk: "This is a stickup. Give me all your money."

The bungling bandit went for his gun — only to discover he had left it in his getaway car.

"I forgot my gun. I'll be right back," the embarrassed thug explained.

The astonished clerk from Denver, Colo., couldn't believe her ears.

The dumb desperado ran from the store and returned a few minutes later.

"Do you have the money yet?" he asked meekly.

"No, I don't," the amused victim replied.

With that, the less-than-talented thief left the store!

Horse faster than postman

A modern-day Pony Express beat the U.S. Postal Service at its own game — the horse galloped away with the honors when it delivered a letter two days ahead of the mail.

Republican Senator Steven Symms of Idaho handed a letter to a woman mounted on horseback and dropped an identical letter in the mail at the same time.

The unstamped version arrived two full days ahead of the mailed letter which took three days to go 63 miles, proving the senator's point that the post office is slow.

"The mail delivery business needs to be injected with a stiff shot of competition," Symms said.

Gangster set record for highest income

Honesty may pay, but not as much as operating on the other side of the law, according to a just-released statistic that reveals the highest income ever earned in a single year by a private citizen was the 1927 take-home pay of gangster Al Capone.

"Scarface" Al collected a staggering $105 million — from illegal liquor trafficking, gambling houses, "protection" rackets and vice. His business card identified him as a second-hand furniture dealer.

Climber fought death — and found God

Terror on killer mountain

By DICK DONOVAN

Death in the shape of a phantom dog snapped at Rob Taylor's heels as he lay terrified and crazed with pain on the rugged, icy slopes of Mount Kilimanjaro.

But after five nightmare days, the handsome young mountaineer faced his phantom and came to terms with God and himself — thus finding the strength to survive.

"When you are 23 you don't think about death," Taylor said. "But on a mountain ledge — alone and with your partner long overdue with the rescue team — you have no choice. Will you fight to live . . . or just die?"

Rob's ghastly ordeal began while he and his climbing partner Harley Warner were scaling the forbidding cliffs of Kilimanjaro, the majestic peak that towers into the clouds over the lush African jungle.

"We got to 250 feet from the top," said the Sudbury, Mass., climber. "The final approach on the direct route to Kili's summit is sheer ice. It's called the Breach Wall.

"There are two gigantic icicles like the tusks of some great animal, leading hundreds of feet straight up to the 19,000-foot summit. It was there that the truest climbing test began, and it was there my accident happened."

Rob slipped and fell 30 feet, breaking his ankle so badly the bone poked through a jagged, bloody hole in his leg. With Warner's help, he set his own leg and splinted it. After slowly stumbling to firmer ground, Warner set off for help.

"O.K., Rob, I'm off," Warner said. "Be back late tonight or very early tomorrow morning."

But Warner got lost on the dangerous descent of the snow-capped mountain, known to climbers as one of the most rugged and isolated in the world.

For five terrifying, lonely days, Rob struggled with every fiber of his inner being, his only companion the snarling, snapping phantom death dog of a nightmare creation of his own tortured mind.

"I ran and ran and ran in my mind, but still pain in the shape of that dog chased me," he said. "Not until I turned and faced it, accepted it, did it stop.

"Every individual who is suffering has the strength within himself to stop that dog from chasing him."

There 250 feet shy of the Kilimanjaro summit, Rob fought off and conquered pain, fear and even death itself. It was an awesome experience that was to change his life spiritually and emotionally as well as physically.

"It was strange," he said. "God was so much in my thoughts. There was something special of Him on the flanks of that mountain. I've never had such a feeling before in any church or cathedral."

But as the agonizing hours dragged into days, fear once again gripped Rob's heart.

"I wondered if Harley had been injured or killed in his attempt to find a rescue team," he recalled. "Was he lost? And what about my ankle?"

Lying alone and freezing on the mountain ledge, Rob hallucinated constantly. He saw the dead march by, calling to him, beckoning him, calling him by name, and in his fearful nightmare he always pursued them. They always eluded him of course before vanishing into the snow and mist.

Later he saw a figure towering over him. Slowly, almost unwillingly, Rob opened his eyes.

There standing over him was his salvation, mountain climber Odd Eliassen and a rescue party.

Within hours, Rob was down the mountain and resting in Kilimanjaro Christian Medical center in Moshi and in time his savagely injured leg healed.

"The Breach altered my concept of death," he said. "Now I see death, not as an end of life, but as a beginning.

"In the end I came to terms with death by sifting through my life, casting away the worthless junk, saving for my kit bag only the most precious of my possessions — love, friendship, faith and family."

Rob Taylor's ordeal is told in his exciting book, "The Breach: Kilimanjaro and the Conquest of Self" (Coward, McCann and Geoghegan, $14.95).

Rob Taylor's brush with death came in the ice-crusted heights of Mt. Kilimanjaro.

'Boy, that was some picnic!'

Seems the local teddy bears' picnic was just too much for this grimacing polar bear. Maybe he got too much root beer and is living to regret it. Of course, our photographer may have just caught him in an off-guarded moment in his compound at London Zoo.

Old coal miner strikes gold in country music

By JOE BERGER

Crusty Nimrod Workman spent a lifetime toiling for pennies a day in dark, deadly coal mines before he finally struck gold — as a country singer.

"It's something, ain't it? I raised up 13 young 'uns starting on 50 cents a day and working my tail right off," the toothless, 86-year-old mountain man told The NEWS.

"Now they pay me all this money for singing the songs I been singing all my life for free."

A tough-as-nails veteran of the 1930s coal mining wars in Kentucky, Nimrod spent four decades in the mines before he hurt his back and had to quit in 1948.

"I was always humming and singing down there in the mines," he recalled. "There wasn't much else you could do to sort of lighten the load.

"But when you can't stoop down no more, you can't go into the mines. And when I hurt my back, I just couldn't make it no more."

After his retirement, Nimrod lived for years on a meager pension. Then a 1977 Academy Award-winning movie entitled "Harlan County USA" showed him singing one of his mournful, haunting ballads — and a star was born.

"I got me a break but I think I deserved it," he said. "If this could've happened a long time ago, things might have been a whole lot better for me and my family."

From Orange County, Calif., to Orange County, Va., throngs of devoted fans turn out to hear Nimrod's songs about love, about God and about digging for coal.

The amazing Nimrod Workman doing what he does best — singing his country songs at the microphone.

"The man's a real original — a true American treasure," said one fan.

"When he sings, it sends a chill right through you because you know you're hearing something that's so authentic, something that's been handed down from father to son.

"You can tell he's lived the stuff he's singing about, and that isn't true with most singers these days."

The spry, earthy man with 79 grandkids, has recorded three albums for Rounder Records. His voice seems as strong as ever, despite his age and the coal dust that ravaged his lungs.

His latest album, "Mother Jones' Will," tells of the trials and heartaches of the coal miner. It includes songs like "Coal Black Mining Blues" and "Black Lung."

The record is dedicated to Mary "Mother" Jones, the fiery, legendary labor union organizer of the early 20th Century.

"I've rolled out many a buggy for Mother Jones to make her speeches on," Nimrod said. "And she was a real ornery woman, she was.

"She talked to us real tough and said that anytime any yellow dog shot at us, we should shoot right back — shoot 'em in the eyeball if we could.

"Yeah, she was one tough woman."

Nimrod's singing career has taken the amazing mining man to places he'd never have seen except for his music.

"I been to Chicago 15 or 20 times and I been to Wall Street, too, in New York City," he said.

"I just come back from San Diego and they had an awful big crowd for me there — real nice.

"They paid for my hotel and for my eatin's and the whole thing. It was a real pleasing trip.

"This singing's what I like to do best of all," he said. "It sure's hell beats working down in them coal mines."

"I'd better hang up now, mother. You know how Fred is about long-distance calls."

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GOODNEWS

You can't beat the prices at this amazing vegetable stand — the food is free

You can't beat the incredible prices at Gerald Pearson's well-stocked vegetable stand — the food is free.

Motorists do one double-take after another as they zip past Pearson's market with the "free food" sign prominently displayed.

"They'll see the sign but they don't believe it. So they come up to the house and ask if it's really free," the good-hearted 72-year-old retiree said.

Pearson and his wife grow bumper crops of rhubarb, grapes, peanuts, lettuce, carrots, zucchini, fat pumpkins, tomatoes, cucumbers, beets and lima beans.

They've been giving away food for three years because they simply hate to see the plump delectables go to waste.

With grocery prices skyrocketing, plenty of people take advantage of the amazing offer.

And, surprisingly, few of the Pearson's no-pay customers make pigs of themselves.

"People don't seem to be hogs on this stuff. I feel if they stop here and pick something up, they're gonna eat it," Pearson said.

"It's just surplus I have," the incredible farmer explained, "We've got enough here."

Tycoon's fortune left to janitor

A poor hotel janitor was left the entire fortune of the real estate tycoon he worked for — an estate worth a mind-boggling $1.3-million.

Henry Bernier, 82, was named sole heir to the riches of the late William Morse, 92 — a penny-pinching millionaire who lived like a pauper, according to the few friends he had.

Bernier, from Minneapolis, Minn., went to work for the ailing Morse four years ago and soon became his nurse and constant companion.

And Morse's longtime hotel manager, Oget Wadley, said Bernier was a "very nice man" who earned less than the hotel maids.

Cabby returns fortune in gems

An honest cabby who returned $300,000 worth of jewels he discovered in the trunk of his taxi was rewarded with a shimmering heirloom by a grateful couple.

Taxi driver Lucious Smith was given a valuable family jewel — a ring handed down since the early 1800s as a token to his honesty.

"My wife said Lucious was to have this," a relieved Tony Corboy said as he handed Smith the expensive ring — hand-crafted from a Victorian gold piece.

Corboy and his wife left the case of precious stones and jewelry in Smith's New Orleans, La., cab by mistake.

The happy cabby also got $100 in cash and the heartfelt blessings of the Corboys.

Cheap little car would get 100 m.p.g.

A scientist says he can make every motorist's dream come true — with a cheap four-passenger car that would get an incredible 100 miles per gallon.

Dr. Sherwood Fawcett, of the prestigious Battell Memorial Institute in Columbus, Ohio, said the super-saver car would weigh just 1,100 pounds and amazingly meet all of the U.S. safety and environmental standards.

It would run an incredible 100,000 miles in its life, the excited researcher said, and could be on the market by 1986.

Harvey has heart attack for others

Harvey suffers through an agonizing 60 hours of heart attacks and other crippling cardiovascular diseases every week of his life — and his doctors never worry.

Harvey is an incredible $100,000 dummy with life-like skin, heartbeats and an amazing set of working lungs.

"With Harvey, we can teach in 25 hours what it would take three months to learn in a cardiology education program," said Dr. Robert Harner, a cardiologist at the Swedish American Medical Foundation which is located in Rockford, Ill.

The amazing manikin was built at the University of Miami (Fla.).

Breakthrough near in treating depression

Scientists are on the verge of an amazing breakthrough in the treatment of America's No. 1 mental health disease — clinical depression.

Researchers at the University of Chicago have discovered what they believe is a chemical marker in the blood that reveals clinical depression — a devastating illness that strikes one of every 10 Americans.

The dramatic test could tell doctors which people are most likely to develop the chemical imbalance that causes the crippling mental sickness — and early treatment could begin.

Skillful doctors mend a baby's broken heart

Teflon patch saves boy from certain death

By DICK DONOVAN

Baby Paul Torres was born with the odds stacked against him until surgeons gave the tyke a new chance at life by patching a hole in his heart — with a tiny piece of felt made of Teflon.

And when the incredibly complex surgery ended, it lifted the dark veil of heartbreak that had shrouded his parents' lives for many agonizing weeks.

"It is a gift from God!" Paul's 32-year-old diabetic mother Shirley told The NEWS. "My little baby now has a real chance at a normal life. The doctors have performed the miracle I've prayed for so many nights.

"When he was on the operating table, that was the most frightening thing of all, he's such a tiny baby. But my husband Luis and I just waited and prayed."

Paul had come into the world three weeks early, tipping the scales at an impressive 7 pounds, 14 ounces. Because of his mother's diabetic condition, he was delivered by cesarean section.

"The doctors said he appeared to be a normal, healthy baby," Shirley said. "They said he did have a slight breathing problem, but said it wasn't anything to worry about. But he developed jaundice and it was about nine days before I was allowed to bring him home.

"I have three other children and I knew enough not to be alarmed."

But when Shirley took little Paul to the hospital for his six-week checkup, she heard the devastating truth about her child's breathing problem.

"The doctors said Paul had a tiny hole between the chambers of his heart," she said. "They said they would have to run a series of tests, but even then they knew he had a very serious problem.

"They ran the tests and made X-rays and they gave him a heart catheter. When they were positive of their diagnosis, they told me it was vital that he have surgery as soon as possible.

"They said without the operation, Paul would be dead by the time he was 20. When I told Luis about it he was very heartbroken. We discussed the surgery and decided to take whatever risk necessary.

"We knew, if the surgery was successful — and the doctors had warned us that there was always a danger that something could go wrong — it would be better for Paul in the long run."

With their decision made, Luis and Shirley left their home in Columbia, S.C., and took their baby to the Medical University of South Carolina Hospital, in Charleston.

"When Paul went to surgery, Luis and I just sat and waited — and we prayed," Shirley said. "We kept asking ourselves, 'If this is the best hospital, are these the best doctors?'

"But we had to push those thoughts from our minds. We had parceled out our other kids to friends and neighbors so that we could be with Paul. Now we could only hope and pray — and put our little boy's life in the hands of God."

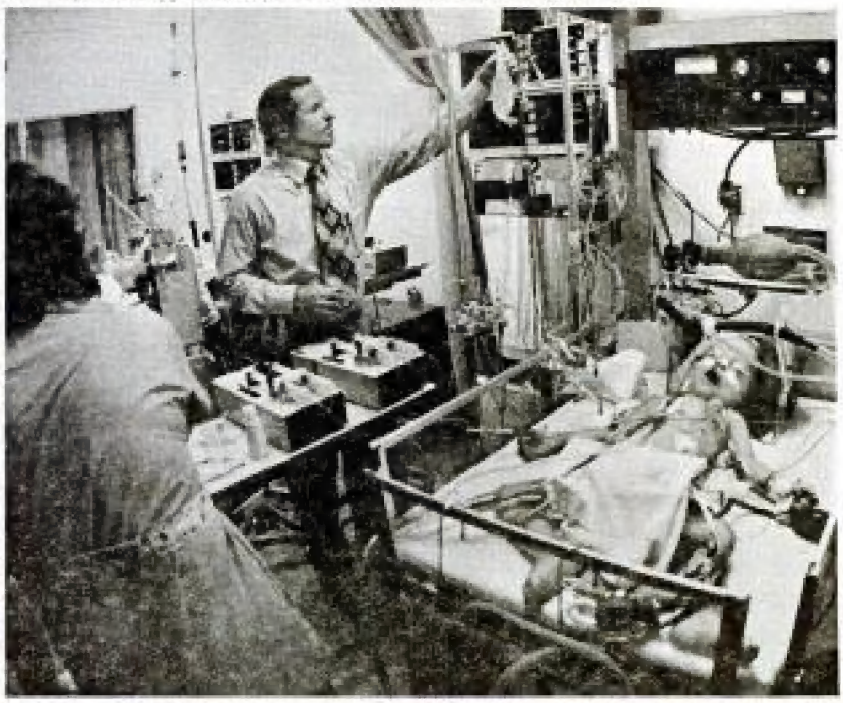
In the operating room, amid a vast array of monitors, lights and instruments, a team of heart experts struggled to carry off a modern miracle. First they cooled Paul's blood to stop his laboring heart and lungs. Then they inserted a tiny patch of Teflon tape over the deadly hole to stop the flow of oxygenated blood back to the lungs.

Almost seven hours after the incredibly delicate surgery began, Paul was wheeled into the cardiac recovery room. Minutes later, monitors showed Paul's heart was functioning normally. The patch-up operation was a success.

"He only stayed in the recovery room for 24 hours," Shirley said. "On his last checkup, he got a clean bill of health. Now he's back with his mommy and daddy and his brothers and sisters.

"The doctors gave our Paul a new chance at a normal life. All our prayers have been answered."

Little Paul Torres looks surprised as a nurse checks his heart the day before his surgery. The operation saved his life.



Left, in the scene in the operating room during Paul's surgery. Above, he recuperates in the ic

Here are some very embarrassing predictions by important people

By CAROLE RUSSELL

When it comes to predicting the future, ordinary people — even famous ones like Frank Sinatra — find that subject is better left to professional psychics.

Sinatra, for example, predicted in 1957 that rock 'n' roll was simply a fad that was doomed never to get off the ground.

"Rock 'n' roll is phony and false, and sung, written and played for the most part by cretinous goons," said Frankie.

That's one of the bloopers listed in "Facts and Fallacies," a book about embarrassing predictions.

Renowned scientist Lord William Kelvin had little hope for radio back when it was a scientist's plaything. "It'll never catch on," said Lord William.

Radio broadcasting pioneer Mary Somerville announced in 1948: "It's a flash in the pan. Television won't last."

The coming of color to the motion picture screen inspired poet John Betjeman who declared: "Color and stereoscopy will make the cinema into the greatest art in the world. Bad films will be impossible."

And, how about the foresight

Richard Nixon said corrupt politics were a myth.

of Thomas J. Watson — an IBM executive — who at the beginning of the computer age predicted:

"I think there is a world market for about five computers."

Lord William, after announcing that radio wouldn't make it, turned his attention to flying machines:

"Heavier than air flying machines are impossible."

Irish scientist, Dr. Dionysius Lardner, said about trains:

"Rail travel at high speed is not possible. Passengers would be unable to breathe and would die of asphyxia."

President Richard Nixon said this about American politics early in his White House years:

"I reject the cynical view that politics is inevitably or even usually dirty business. There can be no whitewash at the White House."

In 1934, Adolf Hitler sounded like he meant what he said when he announced:

"We are winning international respect."

Some self-appointed experts looked far beyond the Earth to embarrass themselves.

Author D.H. Lawrence, for example, announced firmly:

"Whatever the sun may be, it is certainly not a ball of flaming gas." And that's exactly what scientists have proven it to be.

And experts at Horbinger Institute announced in 1953 that the theory that cosmic ice was abundant throughout the universe would be proven "when the first landing on the ice-coated surface of the moon takes place."

Adolf Hitler made one of history's most ridiculous predictions when he said Nazi Germany would gain the world's respect.

Frank Sinatra predicted these youngsters — Beatles Paul McCartney, Ringo Starr, George Harrison and John Lennon — were caught up in a musical fad doomed to failure.

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Cruel cops harass crippled boy for riding wheelchair in street

Jimmy Vesser's mother is battling police so the youngster can use his electric wheelchair in their hometown's streets.

By DICK DONOVAN

Crippled teenager Jimmy Vesser was warned by heartless cops that he would be arrested if he was ever again found in the street — in his motorized wheelchair!

But the smart-as-a-whip eighth-grader suffers from a rare disease that caused a crippling bone slippage and the wheelchair is his only means of independent transportation.

Yet, cops in Little Falls, Minn., were not moved by Jimmy's heroic effort to overcome his incredible handicap. The law is the law, they said in demanding that he stay on the sidewalks of the town.

"But the sidewalks don't have ramps," his divorced 44-year-old mother, Polly, told The NEWS. "He can't use the sidewalks. He has to go into the street to get around.

"The Police Chief — Clayton Olson — wrote me a letter after Jimmy was stopped. He told me that the wheelchair isn't street-legal. It has to have lights, turn signals, a horn, a license plate, brakes and Jimmy has to have a driver's license.

"I sent a lawyer to talk to the chief. I was too angry to go myself. But he refused to compromise. But I do believe the chief is sincerely concerned about Jimmy's safety."

When the chief refused to allow Jimmy to use his electric wheelchair in the streets, Polly took her fight into the court.

"The judge has now issued a temporary restraining order against the police," Polly said. "He ruled that because of Jimmy's handicap, his wheelchair is his legs. But he has to obey all the laws that a pedestrian must obey."

What concerns the unemployed mother of six is what will happen after the term of the temporary restraining order expires.

"It would be tragic for Jimmy if he isn't allowed to move about as an independent person," Polly explained. "Jimmy will never walk! He'll never play baseball or run or do any of the things normal little boys can do.

"How much can you take away from a little boy? People who have never been in a wheelchair simply don't understand that you can't put someone like him in a fenced-in yard and tell them, 'Look, kid. That's where you have to spend the rest of your life.'"

Jimmy's skin disease — epidermolysis bullosa — caused a bone to slip in his leg. The slippage sentenced the boy to a wheelchair for the rest of his life.

"Jimmy is a wonderful and brave little boy," Polly said. "He's taught me more about patience and understanding than I had ever known before. He just wants to try to be a normal kid. He wants to take the same chances they do every day of their lives."

Polly said the decision to allow Jimmy to "hit the road" in his wheelchair came only after agonized soul-searching.

"I gave it a lot of thought. I had a lot of sleepless nights," she declared. "Look, I thought about his being killed on the street. But he would have to live in a bubble to be really safe.

"At the same time, my 5-year-old, Jennifer, could walk down the street and be killed. If any of my kids were killed, I'd be devastated! But, God! That is the chance I have to take to allow Jimmy to be a little boy."

Polly said her attorney, Mary Everett, plans to ask the judge to allow Jimmy to use his wheelchair on the street permanently.

"I don't know what the judge will do," Polly said. "We're hoping that he'll give Jimmy the chance at the independent life he wants so badly.

"In a few years, he's going to have to make some pretty important decisions. He has to be prepared to face responsibility and to make decisions on his own. Being out on the street will help prepare him."

Mother battles to keep her handicapped son on the road

Survey reveals many marriage cheaters

More people cheat on their marriage partners than on their income taxes.

That disgusting disclosure comes in a report by "Psychology Today," a magazine that surveyed 23,000 readers on the subject.

In the survey, researchers learned that 40 percent of married men and 44 percent of married women admitted to running around on their mates.

The report goes on to say that most of the marriage cheaters wish they hadn't been unfaithful. More than half of the admitted cheaters said they wished they had never been unfaithful. The survey showed that cheating in marriage was even more widespread than cheating on income tax returns. The researchers said 38 percent of those surveyed admitted not playing fair with Uncle Sam at tax time.

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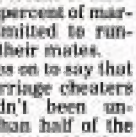

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'I didn't enjoy those sizzling sex scenes with Brooke,' says costar

By KITTY MacNAB

Actor Martin Hewitt has revealed what it was like filming those sizzling scenes with teen sex goddess Brooke Shields in their hot movie "Endless Love."

The handsome 20-year-old confessed that while he found Brooke quite alluring, it was impossible to fall for her because she was too young.

"It would have been easier if I had been making love to someone a little older," Martin explained.

"Because she was 15 at the time and I was 19, I realized that I couldn't really get lost in the scene. She being such a young girl made it more difficult."

"Endless Love" sparked off quite a controversy because of its story line.

A 17-year-old boy falls for a 15-year-old girl and becomes totally obsessed with her. Their teen crush fueled by passion erupts into a full-blown affair and they make love in her parents' home.

Martin confesses that he was at first terrified of costarring with Brooke, because she was a superstar and the fantasy love of millions of teenage boys.

He had to force himself to think of her as any other girl in order to carry out his acting job.

"I decided it didn't matter that she was famous," he said.

"She's still human and it doesn't make her any better than anyone else. I felt that I had to treat her like a normal kid."

Despite their intimate scenes and the months of working together, Martin and Brooke remained just friends. At the time, he was involved with another girl who was sharing an apartment with him in Hollywood.

Martin and Brooke had one off-screen date — he took her out to dinner and a movie. But there were no offscreen love sparks.

"It was pretty much a working relationship," he said.

"She is such a busy person that unless she was on the set, I didn't see much of her during the filming."

This was Brooke's second film revolving around teen love and passion. The first was "The Blue Lagoon."

In that movie, she costarred with another super-handsome youth, blond actor Christopher Atkins.

So far, Brooke has managed to avoid the pitfall of many a young actress — falling in love with her costar.

Brooke Shields "terrified" Martin Hewitt because she was already a movie superstar.

Actor Martin Hewitt didn't enjoy his love scenes with Brooke — she was too young.

Adolf Hitler's voice scares off coyotes

Adolf Hitler is helping sheep ranchers frighten away coyotes, bears and cougars from their flocks.

A Texas rancher has put recordings of the Fuhrer's speeches in the middle of a field — but he admits it has met with only limited success.

"This is just one of a host of coyote frightening techniques," researcher Jeff Green told a more successful," he said, "and some ranchers have cut sheep losses by 80 percent by using portable sirens."

Green, of the U.S. Department of Agriculture, said ranchers have also tried playing recorded truck sounds, but one sheepman later found that the coyotes arrived every time he started his truck engine!

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PSYCHICS, spiritual leaders, scientists and UFO contactees all agree that we are living in what has been called the END TIMES.

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According to the SPACE BROTHERS whom they are in contact with *time is running out.* We are being told the Earth is rapidly entering the twelfth — AND FINAL! — hour for humankind. All indications are that a "time bomb of destruction" is about to go off ridding the planet of civilization as we have come to accept it. The Book of Revelations will be tomorrow's headlines as Armageddon engulfs the globe.

There are those who say a THIRD WORLD WAR is on the immediate horizon, that an ecological imbalance is now taking place, and a shifting of the North and South Poles is due, which could tip the earth out of its present orbit and send it hurtling toward the sun.

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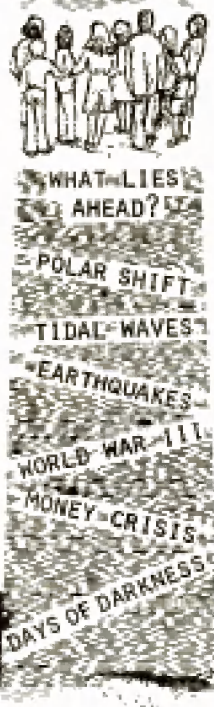

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- **What material objects — "valuables" — you will need in order to survive, and where to obtain them.**
- **The day you will vanish from this planet — a mass evacuation by space ship will take place in which hundreds of flying saucers will come down out of the sky and "lift off" the worthy. What are your chances of being saved, and what can you do to make certain you are the "Chosen Ones."**

SOME of those who have contributed to this valuable reference include *New Agers Brad and Francie Steiger; Space Channel* Robert Short; *the spiritual group* Mark Age; *UFO communicator* Jane Allyson; *Parapsychologist* Warren Freiberg; *researcher* John White, and the space being known as Ashtar.

If you have even a slight interest in UFOs you will want to order this book. This is not just another title filled with wild stories, but this volume actually presents useful data which could change your life and help you to survive DOOMSDAY!

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Her heart is backwards and vital arteries are missing, but baby Nicola is . . .

The little girl who refused to die

Baby Nicola Coster was born with her heart backwards — but the tiny toddler with the big blue eyes is desperately struggling for life.

And as she lies contentedly in her crib or bounces happily on her mom's knees, she has no idea that behind her heroic struggle for life lies another tragic truth — that she was born two months after her sister died — of the same condition.

Both of the beautiful babies were born with the rare heart defect and with vital arteries missing. And the frightening coincidences go further — Nicola is the fair-haired image of her dead sister, Deborah.

Deborah had major surgery several times. She died of a liver infection shortly before her fourth birthday.

Her grief-stricken mom, Valerie, was still mourning the tragic loss of the child she had nursed back from the brink of death so many times when Nicola was born.

"As soon as she was born they realized her heart was quite bad," Valerie said. "They didn't expect her to live."

For Valerie and her husband, Malcolm, the news was too horrible to bear — memories of Deborah's laughter still echoed through the house.

The pain of her death still hurt too much.

"I said I didn't want to see the baby," Valerie said. "I just couldn't face getting to know her and then losing her again. I couldn't go through what I had gone through before."

But Nicola survived — her tiny backwards heart pulled through risky tests. Her spirit was so strong she was out of the life-giving incubator and ready to go home in 10 days.

"She seemed to have made up her mind that she was here and she was going to stay," Valerie said.

But every day at home was filled with anxiety.

"She was gray when she was asleep and blue when she cried," Valerie said. "People who came to see her warned me not to grow too fond of her, that I wouldn't have her for long, but how can you not love a baby?"

Valerie Coster holds her two daughters, Nicola and Joanna, knowing that every day of life is precious for Nicola, right, born with her heart backwards and with vital arteries missing.

Nicola had to be fed every two hours. When she was barely four months old, she had her first major surgery — transferring an artery from her arm to her heart. Her lungs collapsed, but doctors breathed life back into the tiny child and again her fighting spirit pulled her through.

A month after she was home, she developed such a serious chest infection that she had to be rushed back to the hospital.

"She couldn't breathe, she couldn't eat and she was sick all the time," her worried mom said. "She had exactly the same symptoms as Deborah. It was really horrible."

But fate was kinder this time for the Costers of Brighton, England, and within days Nicola was home again, lighting up the lives of her mom and dad and sister, Joanna, with her laughter and her courage.

Three times Nicola has been so close to death that doctors warned Valerie and Malcolm to prepare themselves for another heartbreaking funeral. But each time Nicola has come through, her tiny rosebud lips breaking into a wide grin at the sight of her loving parents.

She still faces two more operations — one with a very great risk — but she has celebrated her first birthday and she plays happily.

"She is full of life and has a will of her own. I can't bear it when people call her a 'little angel' — that's what they said of Deborah too," Valerie said.

"I made Deborah my life and after she died it was awful. To lose a baby at birth is dreadful but you get over it. To lose one after they have started talking to you and become part of your life is really difficult.

"But when Nicola pulled through that chest infection at eight months, I knew she had decided what she wanted — life.

"I still wake up in the middle of the night and go in and touch her to make sure she's still breathing.

"The doctors told us to take each day we have with her as a bonus and that's what we have done.

"Every day with Nicola is precious."

'I'll take the upper bunk'

The big guy always gets the bottom bunk, right? But this little polar bear cub doesn't look like he

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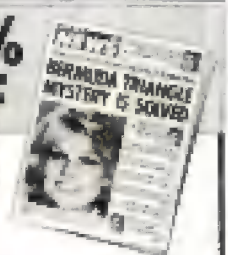

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Teddy's pal Susan Saint James fools gossips and weds another

By KITTY MacNAB

Fast-moving **Susan Saint James** has quashed all those rumors of romance between her and **Sen. Ted Kennedy** by zipping off and marrying another man.

Sweet Susan, star of the flick "Love at First Bite" and the TV series "McMillan and Wife," wed "Saturday Night Live" producer **Dick Ebersol** in a quickie, hush-hush ceremony.

Just a month ago, gossips linked the 36-year-old actress and handsome Teddy in a passionate romance after the two were spotted sailing on the senator's boat near his Massachusetts retreat.

Susan denied the romantic reports saying that she was a longtime friend and supporter of the senator.

Then, jabbers claimed that she and Teddy had slipped off together for some more kissy-doovying in a secret love nest in Hawaii.

Matters got even more confusing when the pretty actress was later spotted smoching at a back table with a mystery man in a Big Apple disco.

The mystery man turned out to be Susan's new hubby.

Now it looks like Susan was telling the truth all along. So there — all you tongue-waggers.

Ted Kennedy's tie to Susan Saint James didn't last.

★ ★ ★

Macho TV sex symbol **Tom Selleck** has fallen for his leading lady pretty **Mimi Rogers**. The "Magnum" muscleman met Mimi when they filmed "Divorce Wars," a movie that out next year. Since then, Mimi has been Tom's steady date when she flies to Hawaii on weekends for romantic holidays.

★ ★ ★

Remember "Gigi" star **Leslie Caron**? The pretty French actress is set to tie the knot with 38-year-old beau **Roger Vincent**. Handsome Roger is 13 years younger than his bride-to-be.

★ ★ ★

Actress **Patricia Neal** has a heartbreaking memory of her first meeting with now pres **Ronald Reagan** at a New Year's Eve party long ago. Bonnie was so upset over his pending divorce from actress **Jane Wyman** that the future president slipped outside and broke into tears.

★ ★ ★

Talk show emperor **Johnny Carson** likes to live like a king. The big-bucks funnyman just plunked down a whopping $3.5 million for a four-bedroom pad on the 68th floor of a posh Big Apple high-rise.

★ ★ ★

Robert Urich's fans can dry their eyes over the cancellation of his TV series "Vegas." The handsome actor returning to the tiny screen next fall in a new series about a tough ex-Navy man named "Crossfire."

★ ★ ★

Movie-making can be a dangerous business. Sexy actress **Kathryn Harrold** broke two toes while doing the rapids in Wyoming during filming of her new flick "The Pursuit of D.B. Cooper."

Broadway Ron

White House son, dancer Ronald Reagan Jr., and his wife, Doria, leave a Broadway play during a night on the town.

Cast party

Costars Paul Newman and Sally Field drew all of the spotlight at a Beverly Hills party celebrating completion of their new film, "Absence of Malice."

Remember Farley?

Motion picture superstar Farley Granger and pretty Marion Ross are among celebrity guests at a festive New York party honoring the play "Jane Austen in Manhattan."

Cry baby

Tony Randall bites the ear of his "Love, Sidney" costar, Kareena Kliff, while she's held by screen mom Swoosie Kurtz at a party celebrating the production of the popular new TV series in New York City.

Cocktail chat

Singing star Petula Clark and acting great James Mason team up for a celebrity conversation at a literary luncheon in London when the motion picture version of his life story, "Before I Forget," was released.

Love match?

Dick Van Patten's son, tennis ace Jimmy, escorts beautiful Judy Landers of the old "B2 and the Bear" series to a society ball in Los Angeles.

Dick's girl

Superstar Dick Van Dyke of TV and films and his daughter, Stacy, arrive at the swank Beverly Hills Hotel for an evening of fun and dining on the town.

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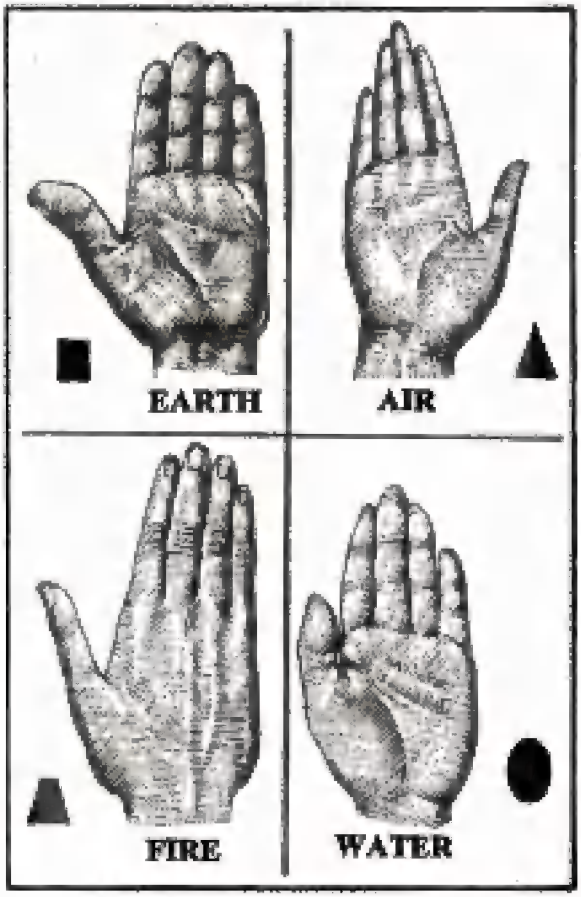

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Amazing young actor in Camelot sees the future — the happy and the tragic

Boy superstar is psychic

Child actor Thor Fields in his starring role in the smash-hit "Camelot" with superstar performer Richard Harris.

By DEE WHITTINGTON

Adorable child actor Thor Fields has stunned family and friends with his incredible psychic powers.

The 5-foot-2 bundle of talent, who has got more than 40 commercials, three Broadway plays and several TV shows to his credit at age 12, is overcome by pounding headaches when something goes wrong — even 1,000 miles away!

He can predict which shows will succeed, which parts he'll get — he's currently starring in "Camelot" with superstar actor Richard Harris on Broadway — even what horses will win at the racetrack.

Incredibly, he awakens in the middle of the night, bolts upright and speaks in ancient languages.

Four times a strange red circle has appeared on Thor's forehead — each time coinciding with an accident or tragedy affecting someone he knew.

"The first time it happened was when I was in 'Camelot' in Chicago with Richard Burton," said the personality-plus star who will make a guest appearance on "Archie Bunker's Place" December 20. "I suddenly got a real bad headache and a red dot appeared on my forehead between my eyes. I got this weird feeling all over and I was queasy."

Thor took aspirin, but the headache didn't go away.

"I found out later that a dear friend of mine had been killed," he said.

The friend was over 1,000 miles away!

Another time, Thor was in the middle of a scene when he was overcome by an eerie sensation that something terrible had happened. Again the red circle appeared. He learned the sad truth later — his beloved dog Thundra had died.

"I knew when my brother had badly injured his knee," Thor told The NEWS.

"The red dot appeared and I got the headache and later I found out that my brother, Erik, had smashed his knee."

The New York City lad, who landed his first role in a Pampers commercial at 18 months old, has appeared on Burger King commercials, played Erich Alder on the soap opera "The Doctors" and shared the stage with Yul Brynner in "The King and I."

But Thor told The NEWS he's as happy to be psychic as to be successful.

"I read this book once," he said, "where there are 12 people who always have this red dot between their eyes — when one of them dies, the power is passed on to another."

"Thor was born with that red mark on his forehead," said his father, Ric, a former narcotics detective. "We thought it was a rash at first. It was there for 18 months and then it started to fade. It started coming back last year whenever he could sense something was amiss.

"But what's really intriguing is the way he sits straight up in bed and starts talking in different languages. His eyes are open, but he's in a deep sleep and if I ask him questions in English, he'll answer me in a language I can't understand.

"A psychic told us they are languages from another life."

"Being psychic doesn't scare me," says Thor. "I'm really good at picking the horses and I have real good luck, like the time my dad and I were in Antigua and I found a quarter on the street, walked into this little place, put it in a slot machine and got 40 quarters back."

The precious tot with a genius IQ and the highest marks ever made by any student at his correspondence school for young actors and actresses, lives aboard a houseboat with his dad and brother.

"I think I'm very lucky," Thor said, "and I can tell when I'm going to get a part."

Adorable Thor Fields' predictions are stunning.

Incredible tree dances to the sound of music

An incredible tree that actually dances to the sound of music has been discovered in a remote area of China.

Reports of the tree, which appeared in several government controlled news reports, are generating excitement throughout rural China.

The Canton Daily, one of the government newspapers, reported: "The tree, about 18 inches in height, was found in May this year by peasants in a piece of virgin forest in Yun Nan Province.

"When music is played beside the little tree, the trunk sways from side to side in time with the rhythm, while the leaves make 180-degree turns like the hands of a dancer.

"When the music stops, the tree immediately ceases to move," the paper reported.

It added: "What is even more strange is that when light music or romantic music is played, the little tree's movements become even more pronounced. The more beautiful the music is, the more gracefully it dances.

"But if strong martial music is played, or discordant noise, then the tree does not dance at all.

"The tree also moved when people nearby spoke softly, but not when they shouted.

"The tree has been replanted in the courtyard of a nearby farming commune's radio station," the paper reported.

"We checked out reports of a tree that dances and incredibly, we found it actually exists," said Han Xian Cui, editor of China Reconstructs magazine.

"Local residents and government officials have told us: 'The tree actually dances whenever music is played. Its movements are quite pronounced and it keeps time to the rhythm of what's being played,'" Cui said.

"One official confided to me: 'It's the most amazing thing I have ever seen,'" said Cui.

Bottle babies

Two babies hit the bottle together at a zoo in Rancho Palos Verdes, Calif. Eighteen-month-old Joshua Davis watched as a 6-month-old walrus chugged down its milk and decided it was time to take a swig himself.

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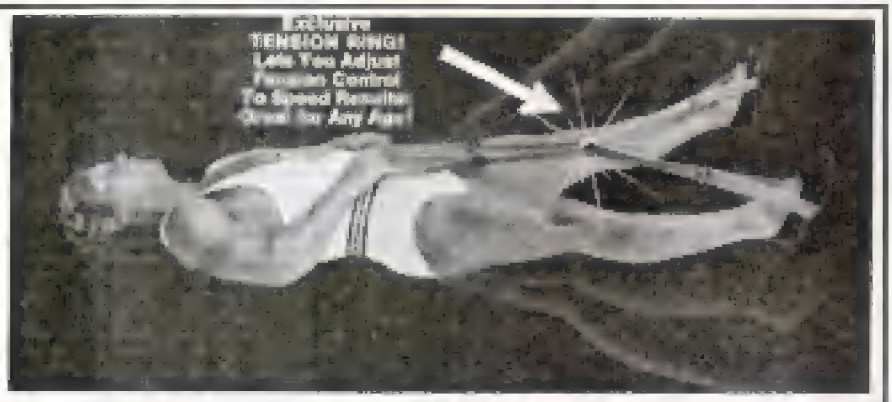

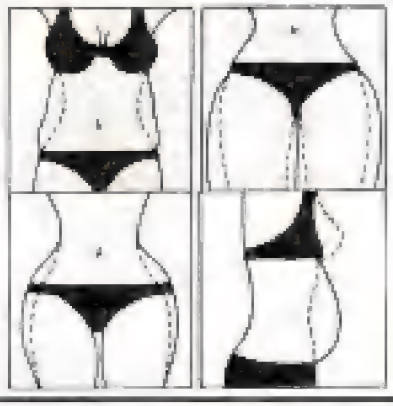

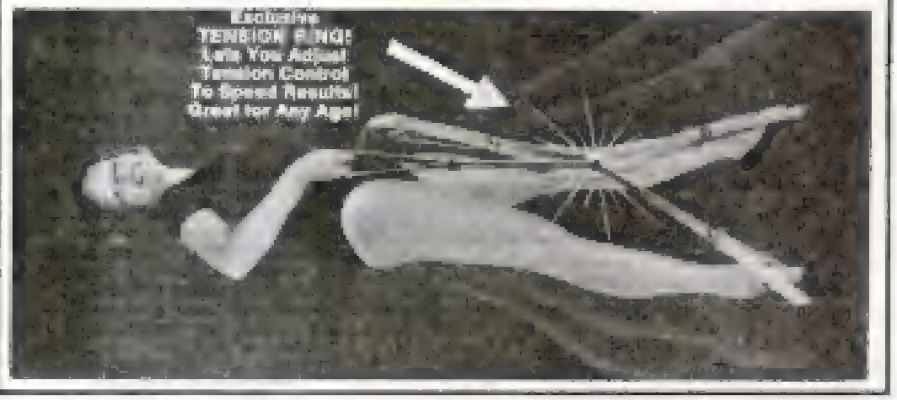

IN JUST 7 SHORT MINUTES A DAY with the "miracle" of SYNOMETRICS (scientific concept of ISOMETRIC + ISOTONIC) ...the fantastic new discovery for **speed shaping** away ugly, embarrassing fat and flab...to reveal a brand new rock-hard, lean, trim, handsome body!

IKE BERGER explains SYNOMETRICS™...the new EASY speed method for figure beauty

What is SYNOMETRICS? You've probably heard about the isotonic and isometric principle of body dynamics for years. Each method has its own believers and supporters. I used BOTH methods in my daily training. Finally, I developed a special exercise unit that employed BOTH methods AT THE SAME TIME *in one device*. The effect was simply amazing. I was able to keep in trim, slim shape in only a fraction of the time I previously needed!

The Science of SYNOMETRICS

I later learned the scientific reason for this amazing result. It's called SYNERGISM—meaning that when you combine two methods the result is greater than the both of them separately. I now called my new discovery SYNOMETRICS and developed a special exercise unit I call the SPEED SHAPER. And that's just what it is...a speed method to give you results in minutes, NOT hours! Now...build yourself a "fantastic looking body" with the incredible SYNOMETRICS—the invention that works on the exciting new scientific concept of ISOTONIC + ISOMETRIC.

What is the SPEED SHAPER?

Ingeniously designed, in an amazingly compact slimming & shaping discovery. • No doorknobs needed • Adjust tension to your own needs, for any age • Slip into pocket or purse (5 oz.)—fits anywhere!

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IKE BERGER ENTR

The stormy life and loves of movie superstar Cary Grant

By KITTY MacNAB

Suave Cary Grant looks like a man who has everything. But despite his good looks, riches and fame, Cary's life has been marred by tragedy and personal failure — beginning with the shocking disappearance of his mother when he was a boy.

As a 9-year-old schoolboy in Bristol, England, little Archie Leach — Cary's real name — came home and found his mother had mysteriously vanished.

He never knew where she'd gone and didn't see her again for 20 agonizing years.

Two decades later, he learned she'd been confined in a mental hospital after suffering a nervous breakdown. She wasn't released until Cary's father Elias Leach died when Grant was almost 30.

"She was as normal as you and I," said her father, Ernest Kingdon.

"Cary knew very little of his mother. She was a stranger. Later in life, they had to come together and learn to know each other. It was a tragedy, really — a great tragedy."

In a new book entitled "Cary Grant: The Light Touch" (Robert Hale), author Lionel Godfrey traces the handsome actor's life from Bristol to Beverly Hills, through almost 70 years of heartbreak.

"My marriage record is nothing to be proud of," Cary, 77, said glumly. "I've had four previous wives and one daughter.

"Just think how much better it would have been if I'd had one wife and four daughters. If I'd known then what I know now . . ."

Then a young heartthrob, Cary made gorgeous blonde actress Virginia Cherrill his first wife in 1934 — and dumped her 13 months later.

"When I'm married, I want to be single — and when I'm single, I want to be married," he confessed.

Seven years later, he courted and wed Barbara Hutton, high-society heiress to the Woolworth fortune.

Their rocky marriage broke up after Barbara told a gossip columnist about Cary's private desire to have a child. The actor was furious that she'd spilled the beans.

"It didn't work out, but I loved him," Barbara said sadly.

The next time around, Cary wed actress Betsy Drake, who hypnotized him and ordered him to quit smoking. Once a chain-smoker, he never lit another cigarette.

"Betsy was good for me," Cary said — but the couple split after 13 years.

His fourth marriage was a stormy, brief union with leggy actress Dyan Cannon, the mother of his only daughter, Jennifer.

"Some men can't be married and Cary is one of them," Dyan said.

Cary now married to Barbara Harris, hopes to prove her wrong. And the devoted dad wants desperately to help his daughter avoid the tragedies that filled his life.

"The miracle of having given life to someone is quite fantastic," he said. "I regard Jennifer as my ticket to immortality."

Cary Grant with his 5th and current wife, beautiful Barbara Harris. At left is wife No. 1, lovely Virginia Cherrill.

In 1966, Cary sailed into England with his actress-wife Dyan Cannon and their baby daughter Jennifer, then 7 months.

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- Gain power over others and control their actions!
- Attract and hold a lover! • Win at gambling!
- Ward off the hex and stop the "evil eye"!
- Get rid of demons!

My Name Is Al G. Manning. I Run The E.S.P. Laboratory In California, And Whether Or Not You Believe In Witchcraft, I've Seen Things Like This:

• A Chef in a big restaurant, who sprinkles a salt and herb mixture around the building whenever business slows down. In minutes, the place is full of people! It always works . . .

• A girl whose boyfriend has been avoiding marriage, who feeds him a Witch's formula, and he suddenly proposes!

• A married woman, who burned some Love Attracting incense in the presence of her very old stud cat. She was amazed at the effect it had on him—and later on her husband, as well!

• Another woman, who, planning a trip to the races, used bread crumbs, prosperity oil, incense and a special money chant—and won $150 at the track!

All Of This Is Witchcraft . . . Real Witchcraft. And It Works! Don't Let Anyone Tell You It Doesn't.

I use Witchcraft myself, and I can tell you it works. But I'm not here to convince you of anything. I simply *must* tell you the facts of my six years of research at the E.S.P. Laboratory.

And the plain fact is: Witchcraft is here. . . . Witchcraft is real . . . and the powerful spells of Witchcraft *really work* . . . bringing love, prosperity, personal power, security, protection, and more for all who use them!

Believe me, it's a sobering experience to discover how many ordinary people, from all walks of life, are using Witchcraft—spells, chants, incantations, potions—real Witchcraft, to get what they want. And they swear it works!

HOW TO USE RITUALS AND SPELLS TO ATTRACT MONEY & PROSPERITY!

There are many better ways to make money than an 8 to 5 o'clock job—in fact, you never heard of a millionaire who got there by saving it all out of his wages. In my book, you'll discover . . .

. . . how Cynthia S., a young housewife, used two candles, incense, some salt, water, and earth, and a special incantation to receive money and new prosperity. She reports:

"I waited a full month to see if it was all just a lovely dream, but it is really indeed! During the first week . . . my husband got an unexpected promotion with a $100 a month raise, the kids suddenly became 'dolls' and have stayed healthy, and both of my neighbors who had seemed so hostile have been most friendly . . ."

• **OFFICE WORKER GETS RAISE!**—You'll see how Sam O., who seemed constantly "on the carpet" at work for making too many mistakes, used this ritual and spell . . . Within a month the criticism from his boss had turned to praise and a $25 a month raise. Three more months brought Sam a promotion!

• **RECEIVES $950 INSURANCE WINDFALL!**—W. G. reports: "I used the Prosperity Chant at the end of my Nature Spirit Friendship ritual for three straight evenings. The morning of the 4th day I received a call from my insurance broker telling me that he had a check for $950 for me. I don't really understand it yet, but . . . yesterday it was worth nothing, and today . . . $950. That chant is great!"

• **ELDERLY MAN NOW RICH!**—You'll see how an elderly gentleman, barely able to make ends meet, selling office supplies, used the Prosperity Chant and ritual. Now, he says: "I have all I want in a wardrobe, beautiful home and a new car, but best of all a richer, happier life. I don't tell many people about this . . . But it works!

say thank you to the wonderful forces that are obviously helping me."

• **WINS THREE $50 BETS!**—Still another user, R. S., reports, in just two weeks, "I won three different $50 football pools . . . got an unexpected raise . . . and an annoying wart dropped off the back of my hand."

The powerful Spells of Witchcraft can, indeed, *produce wonders for you and your loved ones*. Your neighbor may already be using Witchcraft in secret . . . it be seems to be leading a charmed life . . . if everything seems to be going his way . . . while others no better, no smarter . . . are still having an uphill struggle.

HOW TO USE RITUALS TO GAIN POWER OVER OTHER PEOPLE!

Had a run of bad luck lately? Are you having trouble with your marriage, your love life, your job? Are other people forcing you to knuckle under to them, agree with them, do things for them against your will? Any psychic attacker who wishes you evil can use Witchcraft to make you suffer. Your neighbor may already be using Witchcraft on you in secret.

If a cloud of "bad luck" seems to follow you, it's time to learn to protect yourself with the secrets of White Witchcraft. The "evil eye" and psychic attack may seem ridiculous in the 20th Century, but they are *real*. It is altogether possible for a person to sit quietly at home and make your life miserable.

Why let these people push you around? If you can follow a few simple instructions, in plain English, I'm going to show you how to use ordinary, everyday items like salt, candles, water, incense, dirt, and sinnes as yourself *free from the "evil eye"*—and from the people who have been bothering you, once and for all.

RITUAL TO DESTROY YOUR ENEMY'S POWER TO HARM YOU

When Mrs. Sharon D. tried to talk her son out of dating a certain girl—she didn't realize that the girl knew Witchcraft. And when her son innocently used the girl—that's when trouble really started!

All manner of ridiculous things seemed to happen to Mrs. D.—dishes would break in her hands, she had five flat tires in two weeks (the tires were almost new!) and the people on her job became hostile. Her son moved in with the girl and refused to come back.

That's when Sharon D. realized it was not coincidence. It was Witchcraft. Fighting fire with fire, she began using the Ritual to Destroy Your Enemy's Power to Hurt You. Little by little, the girl's hold on her son began to slip—and after a week, the manifestations of psychic attack slowly subsided. A week later, her son broke up with the girl and apologized to his mother.

SPELL TO BIND A LOVED ONE TO YOU!

Do you feel lonely and unwanted? Is the romance slipping out of your life? Are you worried that your mate doesn't love you anymore? In my book I give A Complete Love Attracting Ritual that has worked for scores of people.

Here's a typical comment: "I have lived alone for ten years now. It has been a dull, lonely life from my empty apartment to my dull job and back. Nobody ever even called me on the phone. I decided to use your love ritual. By the third day, people at the office who had never noticed me were coming up to chat and invite me to lunch. I *have made* ten *wonderful new friends* in just one week, and one of them looks like a real love interest!"

But don't take my word for it! It works for

© P. B. LTD., 1977

ABOUT THE AUTHOR

AL G. MANNING received his education at the University of California, where he received his Bachelor of Science degree, *Summa Cum Laude* (at the head of his class), and was elected to the Phi Beta Kappa and Beta Gamma Sigma honor societies. In addition to being a Certified Public Accountant, he holds the degrees of Master of Religious Science, and Doctor of Divinity.

Early in his career, Dr. Manning was the Controller, Corporate Secretary, Vice President, and President of several large companies in the aerospace and electronics industries. After active service in the Korean War, a deep personal tragedy caused him to turn to the study of religion and the inner world of the mind. His work led to the formation of the famous E.S.P. Laboratory in Los Angeles.

anybody! I have prescribed it for many people who have come to me with similar problems. All are now happily married!

INCANTATIONS, RITUALS AND SPELLS AS USED IN HEALTH MATTERS!

If you want to remain healthy, vigorous and strong, my book shows you exactly how to call upon the powers that brings these results. Call on them and I am certain mighty forces will come to your aid.

You'll see how a 68-year-old woman was relieved of an asthmatic condition . . . how another ritual brought back a woman's girlish figure . . . how a business man was relieved of ulcer symptoms . . . how another user was relieved of a fibroid tumor in 7 days . . . how a case of emphysema (lung trouble) ceased to be a problem in 6 weeks, and why the person says, "It's virtually unbelievable. I can even run and climb stairs . . . The rituals seem too simple to do much good, but *they work for me!*"

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Amazing new holiday diet lets you shed pounds and . . .

Be slender for the New Year

You might not spend the holidays on a sunny southern beach, but you can trim pounds with an amazing holiday season diet.

by DEE WHITTINGTON

You can shed those unwanted pounds, increase your energy and look terrific for the holiday season with a leading nutritionist's easy-to-follow diet prepared exclusively for NEWS readers.

You'll eat one full meal a day and two tasty protein milkshakes on this healthful diet — and still lose up to 25 pounds in three weeks.

"A small woman can safely, easily lose 11 pounds in three weeks and a man who's 40 pounds overweight can lose 25 pounds," says Dr. Richard Passwater, director of research at Solgar Nutrition Labs and author of nine major books on diet and health.

"One of the beauties of this diet is it's so easy and convenient — you just whip up a milkshake for two meals a day so you're not spending a lot of time in the kitchen during the busy holiday season and for your third meal, you can eat right along with the rest of the family or business associates and there are few restrictions. You won't feel hungry or feel that you're sacrificing.

"And it's nutritionally balanced — you'll get adequate protein, carbohydrates and fat, vitamins and minerals but I recommend that everyone on a diet take a multiple vitamin and mineral supplement because you are cutting down on your food intake."

Of course, as with any diet, it's wise to check with your doctor first.

For the first three days, eliminate caffeine, alcohol and soft drinks. You can drink decaffeinated coffee or diet sods.

"Caffeine, cola and alcohol all artificially stimulate blood sugar and make you hungry," says Passwater. "Once your blood chemistry has settled down — it takes about three days — you can return to coffee. Try to keep your drinking moderate, but a glass of wine with your main meal won't hurt a thing. The only other foods you have to stay away from are desserts with high sugar content — candy, cake, pie, cookies. You can have fruit, rice pudding, dietetic desserts or Jell-O."

For your main meal, include a salad, meat, fish or poultry, one green vegetable, one yellow or starchy vegetable and you can even have potatoes or bread and butter.

For your milkshakes, you can choose from a wide variety of flavors. They're easy to prepare and if you don't have a blender, simply cover a glass and shake vigorously or mix the ingredients in a thermos jug, shake and freeze overnight. By lunchtime, the shake will be thawed and ready to enjoy.

Start with two tablespoons of protein powder — available in grocery, health food or drug stores. Add half a tablespoon of polyunsaturated oil, a teaspoon of sugar substitute or half a teaspoon of honey and eight ounces of skim milk. Then choose from the following flavors or experiment with others you'd like to try.

Chocolate shake — add teaspoon of chocolate syrup or chocolate extract.

Banana — slice one banana or add one teaspoon of banana extract.

Black forest — add 1 teaspoon of chocolate extract and one teaspoon of black walnut extract.

"The protein powder is not to be confused with liquid protein," says Passwater. "Protein powder is a soybean base. It's perfectly safe and very healthy. The purpose of adding the oil is that it helps us to absorb vitamins A, D, E and K. Also, it's slower to digest so it controls hunger for four or five hours."

The milkshakes — which you can drink at whatever time is most convenient for you — total about 450 calories and the diet calls for a total of 1,200 to 1,500 calories a day, the lower amount for women, the higher for men.

Here's your weight-loss plan

In addition to the milkshakes in the holiday diet plan, you are entitled to a nourishing main meal every day.

Here are a few sample menus:

Menu 1: Chicken with spinach, ½ cup brown rice, steamed artichoke, beverage, salad, dietetic dessert.

Menu 2: 3 ounces of roast beef, baked potato, butter, zucchini, beverage, salad, dessert.

Menu 3: Broiled veal chop, glazed beets, lima beans, salad, beverage, dessert.

Menu 4: Baked fish, ½ cup mashed potatoes, broccoli, salad, beverage, dessert.

There's so much flexibility on this diet you can substitute your favorite meats or vegetables for those listed above and choose your portions to fit your taste — as long as they don't exceed a total of 720 calories for women and 1,050 for men.

Clever brothers make big buckS with a Rubik Cube smashing idea

Two zany brothers are cashing in on the Rubik's Cube puzzle craze — by selling clubs to smash the infuriating cubes to smithereens.

Steven and Roger Hill have been deluged with orders for their sturdy "Cube Smasher."

"The phone just doesn't stop ringing. It's wonderful," says Roger. The Menlo Park, Calif., brothers say their sales are expected to reach 1 million by Christmas.

Roger says he and Steven got the idea for the smasher after visiting friends who were frustrated by the cube puzzle. They decided they'd cash in on the craze with some system for beating the cube. "And what better way to beat it than destroying it?" asks Roger.

People who buy the cube smasher get a 24-page booklet, "The Joy of Smashing." It tells in detail how to operate the smasher to properly "club, whale, hit, torture, trap smash, punch, swat, flatten and possibly flog your cube into 43 million million million pieces."

The smasher sells for $4 and the brothers say it is made out of a "super secret" material. It looks like wood but is as light as plastic.

Once the smashers hit the market, the Hill brothers were swamped with mail from customers. The packages contained the shattered remains of smashed cubes.

In a few weeks, the Hills' garage was filled with broken

Roger, left, and Steven Hill of Menlo Park, Calif., gleefully pose in a mound of Rubik Cubes de-

"Yaa-hoo, dear, still mad at me?"

Ongria was half wolf, half woman — and she made the night a hell

By ROB ROBBINS

The black wolves came to the Oregon territory on May 14, and Joe Grimstad never forgot the date — because it was the night he brought his bride Ongria home to the big new cabin he'd built for her on the Willamette River.

Their guests were just finishing a square dance when some of the children rushed in from outside. "Wolves!" one of them babbled. "Hundreds of them!"

Joe snatched a rifle from the wall and headed for the door.

But he stopped in surprise when Ongria braced herself against it.

"I will talk to them before you kill," she said. And in the deep silence that followed, she went outside.

They heard the crisp slap of her hands and a clear command: "You have done wrong! You must never annoy us on a feast night! Go away at once!"

The starving wolves now lived on what small prey they could find, fleeing into the deep forests when the villagers fired on them — but no carcasses were ever found.

There was also a rumor that weighed heavily on poor Joe Grimstad's heart.

In the seething masses of black, hunters had occasionally reported a different kind of predator — a tawny giant fully seven feet long who led the wolves like a queen in command of troops.

As deep snow settled on the Willamette country that stark winter of 1840, the starving wolves fought back.

In the worst atrocity of all, four Basque herders and 500 sheep were slain in a carnival of blood.

Next day Grimstad told Ongria: "All the settlers are taking silver to the schoolhouse. It will be melted down for bullets to kill these werewolves."

Grimstad found the schoolhouse ablaze with light and the whole village waiting. No one was surprised when he drew a shotgun from his parka.

They even made shells for that, crammed with deadly pellets of silver.

Outside the school, someone screamed: "The wolves!"

"If she is there, I will kill the she-wolf," Joe said. "After that, they will be disorganized and can be destroyed in a night."

The wolves were milling and snarling around the building, anxious for the attack signal from their leader. And the tawny queen moved toward Joe, white teeth exposed.

"If it is you, Ongria," he begged, "go back! Oh, God, go back to our home!"

But the great body leaped at his throat. Joe pulled both triggers of the shotgun and the wolf spun in mid-air, collapsing in a spray of scarlet.

Now men poured out of the schoolhouse and the howling wolves were shot down in droves.

Joe later dug a deep grave in the backyard for the queen wolf, praying that the cabin door would open and Ongria would join him. But when he raised the tarpaulin that covered the animal, Ongria's features emerged from the matted golden hair.

It seemed to him that the dead face pleaded for forgiveness and understanding.

Joe Grimstad forgave, but he never understood, dying a lonely, haunted man a few years later.

NEWSQUOTE

"Challenges make you discover things about yourself that you really never knew. I love challenges. They are what make the instrument stretch, what make you go beyond the norm."

— Cicely Tyson

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Thousands honor voodoo goddess

By CLIFF LINEDECKER

THIS MYSTERIOUS WORLD

On New Year's Eve, thousands of flowers, some small hand-made boats and bottles of "cachaca," a potent local rum, will be cast into the ocean on the famous Copacabana and Ipanema beaches in Rio de Janeiro.

It is the traditional homage paid to Yemanja, the mystical goddess of the sea, worshiped by the followers of a form of Brazilian Voodoo called Umbanda or Macumba.

And, strangely, most of the tens of thousands of white-robed worshipers who jam the beaches that night will be devout Catholics as well as followers of the curious Voodoo cult.

Brazil has the largest Catholic population in the world, but the two religions co-exist and intermingle, with the saints of one worshiped as gods of the other.

Tiny statues of the Virgin Mary, for instance, are also worshiped as representations of the Umbanda goddess, Yemanja.

Yemanja's father, Oxala, is identified with Jesus Christ, and her son, Shango — or Xango — became a composite of St. John the Baptist and St. Jerome.

Shango is the most powerful of all Yemanja's children and controls thunder and the elements.

He is also believed to be a notorious womanizer.

Yemanja was a river goddess when she was carried to Brazil with other Yoruba deities by African slaves who appealed to her for protection during the terrible ocean crossings.

In addition to being one of the most powerful of the Umbanda deities, Yemanja is the goddess of fertility and femininity. Consequently, she is considered to be the most feminineiy vain, and perfume, powders, scented soap, mirrors and combs are among the objects that are annually tossed into the ocean to seek her favor during the new year.

According to legend, if the gifts float out to sea where they are presumably accepted by the goddess, she will then reward her faithful with a prosperous year.

But if the waves wash the gifts back to shore, indicating rejection, it means there is trouble ahead.

The rough surf usually returns the gifts to the beach, but the portent of the goddess' displeasure is conveniently overlooked. The New Year's Eve vigils are a time for pleasure and celebration.

Cachaca is a cheap rum, and not all of it is cast upon the waters.

Members of neighborhood Umbanda clubs gather on the sand several hours before midnight in their own groups to drink cachaca, smoke black cigars, beat drums and chant prayers to the spirits and the gods, while waiting for the ceremony honoring Yemanja to begin.

Letter to Cliff . . .

Can you give me any details about the dreadful premonition of death British racing boat driver, Donald Campbell had before his fatal crash?

Samuel Holt,
Chicago, Ill.

The premonition occurred on Jan. 3, 1967, the night before Campbell was scheduled to make a down run over an English lake in an effort to break the world water speed record with his jet-powered racing boat, "Bluebird."

A friend handed him a deck of cards and suggested he pass the time playing solitaire.

The first two cards Campbell flipped onto the table after shuffling the deck were the ace and queen of spades. The race driver recognized the cards as the same pair turned up by Mary, Queen of Scots before she was beheaded.

"It's a bad sign before a run. I will get it tomorrow," he prophesied.

"A few hours later he was strapped into the "Bluebird," and skimming across the placid lake when the boat suddenly flipped, exploded and sank.

The wreck carried Campbell to his grave.

Monster park

It takes a brave youngster to snack a drink of water out of this crocodile fountain at a monster playground in Manila.

Pauline Bendit's PREDICTIONS

Pauline Bendit is an amazingly accurate Romanian psychic who regularly presents her uncanny predictions for NEWS readers.

Her vision of the attempt to assassinate President Ronald Reagan has gained her worldwide fame. Here are some of her most recent glimpses into the future:

■ **The theory that Hitler's mistress Eva Braun is alive will be confirmed in a shocking press conference called by the aging mother of a beloved TV personality.**

■ **Russian scientists will announce an amazingly effective cancer cure that involves the use of peanut oil.**

■ **A top member of President Ronald Reagan's staff will resign in stormy controversy that erupts when he publicly discloses a top secret government report that says UFOs are real.**

■ **An aging former film beauty will go on an eating binge and in a matter of a few months her weight will reach an astounding 280 pounds.**

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Machine gun mom just loves her deadly arsenal of horror

By JOE BERGER

Easygoing Joan Davis has four nice kids, a pleasant smile — and a deadly arsenal of 75 machine guns lying casually around her office.

"I know some people think I'm a little nuts, but I love these guns," the Salem, Va., weapons dealer told The NEWS.

"They've become a very big part of my life. Once you get into machine guns, it gets so fascinating you never want to put them down."

The amazing mom has an array of death-dealing weapons scraped up from battlefields all over the world. Some are still stained with the blood of ill-fated soldiers.

Her unique collection includes Russian and North Korean AK47s, a 6mm Italian OVP, a British Valmet, a 1909 German Maxim and several 1917 American A-1 water-cooled Brownings, among others.

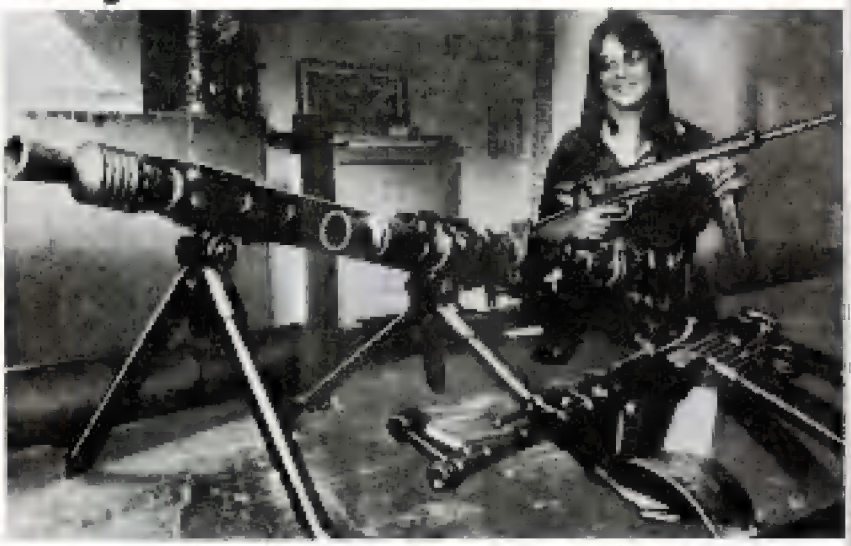
Most of them fire as well as they ever did, thanks to Joan's skillful restoration.

Joan's husband founded the thriving machine gun business, but Joan took it over three years ago as part of a divorce settlement.

"I didn't take it away from him — it wasn't like that at all," she said. "He just wanted out.

"As a matter of fact, he went on to become a doctor, so things worked out all around."

And the busy housewife-turned-gunsmith went on to become an expert on the tools of violence that clutter the old garage that serves as her headquarters.



Joan Davis shows off a few of the deadly machine guns that are a major part of her life — her means of earning a living and a very unusual hobby.

Since taking charge of the business she calls "The Parts Place," she's built her husband's small stockpile of 10 guns into an impressive inventory of 75.

"One day I was washing dishes and taking care of kids and the next day I was restoring machine guns," Joan said.

"That's quite a jump and it's put excitement in my life."

Joan crisscrosses the country in a van loaded to the roof with guns — buying, selling and trading her powerful instruments of war. But she works hard to see that the awesome weapons don't fall into the clutches of crooks.

"We don't want our guns used for violence — we don't think of them that way," she said.

"They're collectors' items, like old cars or antiques. They're part of history and that's where their value lies, not in hurting someone.

"Some people get a special thrill in just holding these weapons, knowing they were used on the battlefields of World War I or World War 2. That's what it's all about."

Joan sells only to collectors, police agencies and other licensed dealers.

All interested buyers have to fill out a detailed form and send it — along with their picture and fingerprints — to the federal government for approval.

"We don't advertise because we don't really want to encourage people to walk in off the street and buy our wares," Joan said.

"We don't even have a sign on our door, so people could walk right on by and never know this place is loaded with machine guns."

Joan said her oldest daughter, Annetine, 18, can already shoot, dismantle and reassemble machine guns just like a professional.

"But I think she really wants to be a doctor instead of following in her mom's footsteps," she said.

Trucker's rolling home is a real mansion

By LAUREL BOWIE

Trucker Harold Brown is a real-life king of the road and he zooms down the nation's highways in a rolling palace — the fanciest truck cab in the entire world!

The burly driver's 18-ton rig is equipped with leather walls, hot and cold running water, two TV sets, a flush toilet and wall-to-wall carpets.

He's also got twin beds with beaverskin blankets, a microwave oven, two wardrobes, 39 lights, an air conditioner, a stereo system, a snazzy $4,000 paint job and two silver tanks loaded with 150 gallons of diesel fuel.

"There's nobody on the road that's got anything to compare with what I got," Harold, 60, told The NEWS.

"If you're going to go, you might as well go first-class."

Fellow drivers watch in awe as the former Army intelligence sergeant breezes down the highway in his amazing $168,344 machine several months ago at a truck show.

"I've never seen" said one trucker. "It's one of a kind.

"Some guys have got it and some don't — and that guy's definitely got it."

Harold, who hails delicate electronic gear for a firm in Milton, Mass., has covered about 100,000 miles of highway each year since he left the Army in 1945.

"It may sound corny, but the road really has been my life," he said. "And this new rig has changed my life for the better."

Harold spotted the incredible

"I loved it the minute I laid eyes on it," he recalled. "I knew I just had to have it.

"I could afford it because I'm good at what I do — I make good money and always have."

Harold is still as awestruck as his envious buddies by the luxurious rig he climbs into each morning.

"I've heard that the only thing out there that can compare to it is the bus owned by Barbara Mandrell, the singer," he said. "But I also heard that I could thumb my nose at hers if I ever passed her — that hers isn't in the same league with this one here.

"I know this, they sure didn't leave anything out when they made mine. It's got it all."

Since word of Harold's terrific truck began to spread, he's become a celebrity in semi circles.

"People I don't even know are calling me up, wanting to just come by and take a look at her."

MY AMERICA

By ED ANGER

Cigarette-hating sissies are a big pain in the neck

I am sick and tired of all these health-nut, non-smokers who have the gall to tell some poor guy enjoying a puff to put out his cigarette.

I smoke and I'm not ashamed to admit it. So do a lot of real men like Frank Sinatra and Lee Marvin. So do a lot of newsmen. Smoking seems to go with the pressure of the job.

But I don't want to make a big deal about it. What irks me off is those nervy Nellies who don't smoke, but who run around telling you to douse your butts because you're fouling the air.

It's because of these silly dopes that a lot of restaurants and other places have started up special smoker and non-smoker sections.

Most lousy non-smokers think the non-smoking sections in restaurants were set up just to protect their fragile lungs.

Actually, the sections were created to protect us smokers from all those foaming-at-the-mouth non-smokers.

Without the special sections, a guy trying to inhale a little pleasure after dinner would have to protect himself from a pack of vultures.

You know how those fanatics operate.

They come up to you, stick their ugly mugs right in your face and say:

"Did you know that smoking is hazardous to your health? I don't care what you do, but would you stop fouling my air too?"

Most of these jokers don't realize that a knuckle sandwich from a smoker can also be hazardous to their health.

If these obnoxious non-smokers are worried about their lungs, they should quit driving since car emissions also dirty up the air.

I'm surprised that most of these jokers don't go around wearing gas masks.

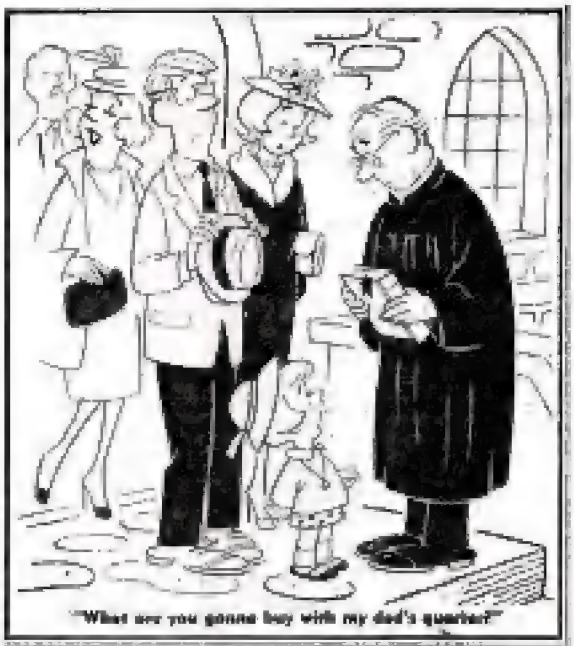
I guess these silly folk are worried about living as long as possible.

But who wants to live forever if you have to cut out every pleasure, like booze, junk food and smoking?

These looks don't realize it, but we all have a right to use the public air.

If they want to protect themselves, they have the right to stop breathing.

Believe me — I won't say a word.



"What are you gonna buy with my dad's quarter?"

Cripple becomes a karate expert

Cerebral palsy victim Bill Willis doesn't intend to be an easy mark for thugs. He's become a black belt karate expert.

And now — with a passion bordering on vengeance — the incredible young athlete is teaching other disabled people to fight — and even kill — for their lives and families.

After a brutal attack on a group home for the handicapped, in which helpless cripples were terrorized and two women raped repeatedly, Bill was outraged.

"Ooooh, do I wish I had been there. Those guys would have found out what it would be like to be disabled for the rest of their lives," the furious martial arts expert said.

But in keeping with ancient martial arts philosophy that good can come even from unspeakable evil, the determined Willis made a vow to help the lame protect themselves from all vicious attacks by crazed rapists and cruel robbers.

He started a karate program called the Handicapped Martial Arts Foundation in St. Paul, Minn.

An incredible number of lethal karate moves can be mastered by crippled people, the martial arts master said.

To prove his point beyond a shadow of a doubt, the astonishing Willis used his crutches to perform a dazzling — and deadly — display of twisting, jumping kicks that would fell the strongest attacker — and leave him whimpering in agony.

By simply deflecting an assailant's blow, Willis can fracture a thug's arm.

"The martial arts is not a normal sport. You don't learn to play a game. You learn to kill," the steely-eyed young man explained.

One of his star karate students — an incredible young woman who is confined to a wheelchair — can use her armrest as a lever to flip an attacker with lightning speed.

And for extra measure, the armrest is detachable — and equipped with a razor-sharp edge!

The form of this powerful and dangerous art that Willis teaches to the handicapped doesn't require super-human strength.

"It's purely a defensive matter of knowing how to focus the power one has and reversing an enemy's energy on himself," Willis said.

It sounds like anyone could do it — and that is just what this amazing and courageous karate expert is out to prove.

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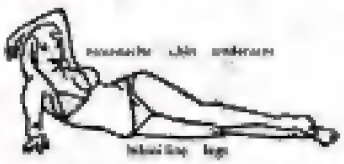

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Dolly Parton is now pursuing both a singing and acting career. She keeps up a hectic working pace and is one of the highest paid country entertainers.

They're the top recording artists in thev

The rocky road to

Country music's kings and queens have become folk heroes not just for their talent — but because of the guts and determination they showed battling their way up the rocky road to stardom.

Current country king Kenny Rogers is a prime example of a man who overcame poverty, heartbreak and outright failure.

By BUCK McPHEE

The son of an alcoholic father, Kenny and his six brothers and sisters were raised in a federal housing project in Houston, Tex. He never saw a pair of new shoes until he was 12.

One of Kenny's proudest moments came when he was 5 and earned $4 for his mom by singing in a hospital.

Kenny left high school and began singing with the Bobby Doyle Trio. In 1966, he joined the New Christy Minstrels and a year later formed his own group The First Edition.

During the next nine years, the group made four gold albums and had nine gold singles, but in 1975 they disbanded and Kenny found himself out of work and $65,000 in debt.

His years of struggle and high-living also destroyed three marriages and his relationship with his two children. Down and out, Kenny did a guest spot on "Hee Haw" where he met beautiful Marianne Gordon.

Her love lifted him. He wrote and performed his song "Lucille" which topped the charts and made him a star once more. By 1978, Kenny was on top again and married his "lucky charm" Marianne. Kenny says his hard life has taught him two things: success is fleeting and the love of a good woman is more important than gold records.

"Trophies and homes and money are no good unless you have someone to share them with," said the fabulously wealthy and happy Kenny, whose wife is expecting their first baby.

Reigning country queen and budding movie superstar Dolly Parton is only 34, but most of those years were spent in poverty and struggle.

Dolly was born in a shabby, two-room shack in the Smokey Mountains of Tennessee. She was the fourth of 12 children and spent her entire childhood working and dreaming of fame and fortune. She began writing songs at 7 and sang at the Grand Ole Opry at 12.

But none of this relieved the poverty in which she lived. Dolly became the first member of her family to graduate high school. The day after, she packed her bag and went to Nashville with her uncle Bill Owens, dreaming of stardom.

That very same day she met young Carl Dean in front of a laundromat. She and Carl were married two years later and he became the steady influence in her life that she could always return to.

During those first three years, Dolly wrote and sang, struggling for recognition, playing one-night stands and praying.

Dolly's big break came when she was just 21. Porter Wagoner's lead female singer quit to marry and Dolly talked Porter into hiring her.

Dolly's salary soared from peanuts to $60,000 a year and she became famous touring with Porter and cutting albums with him.

Eight years later, Dolly broke with Porter and formed her own band from members of her family. It was then that she began adopting her spectacular outfit of blonde wigs and sexy dresses.

The going got rough, but Dolly crossed over to the country-pop sound and gained a national following. She became a hit in Las Vegas and starred in a hit movie "9 to 5."

Now, Dolly is a full-blown superstar and is currently filming "Best Little Whorehouse in Texas" with movieland's box office king Burt Reynolds. Gossips have linked her with several men including Porter and Burt, but she still stands by her man Carl, who takes care of their 36-room mansion outside of Nashville.

"There is no way in heaven's name that I could ever leave Carl," said Dolly. "He's the funniest, wittiest guy in the world."

Hard-driving country giant Johnny Cash struggled out of poverty to become a star like Kenny and Dolly, but his biggest battle was his fight to save his life after getting hooked on drugs.

Another of six Loretta Lynn loves her horses and rides them near her palatial home in the hills of Tennessee. Born

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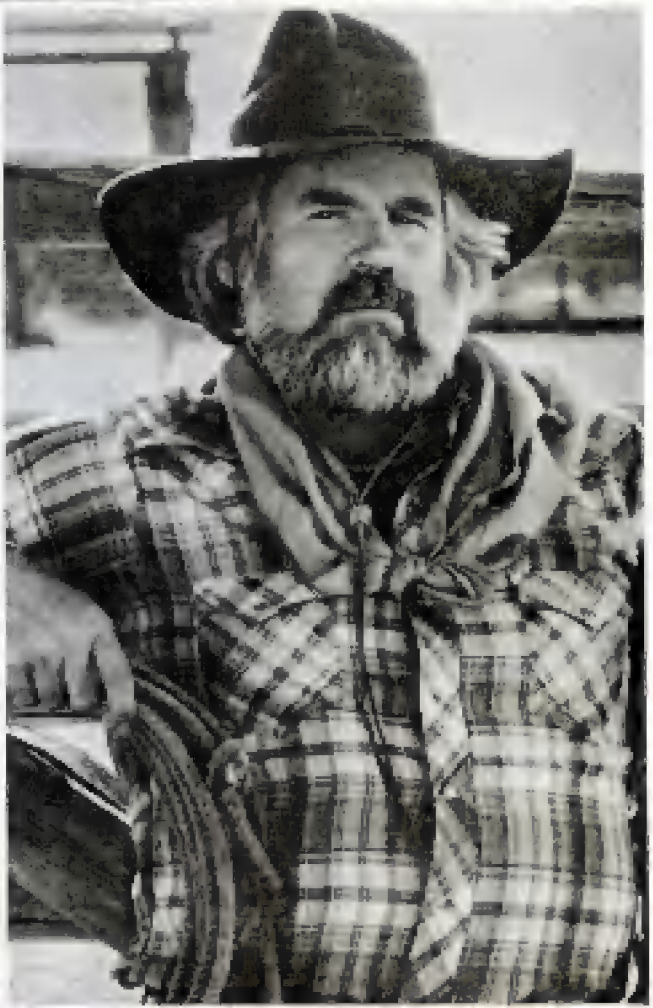
Johnny Cash and his wife June Carter Cash, right. June helped him overcome his drug problem which began in 1955, when the above picture was taken.



Barbara Mandrell, seen with her husband, above, had a hard climb to the top. So did Kenny Rogers, right, who once found himself $65,000 in debt.

Woman kept herself locked inside her apartment for 30 years . . .

A prisoner of her own terror

By JOE BERGER

Marge Goff spent 30 agonizing years locked inside the walls of her tiny apartment — a pitiful prisoner of terror until a miracle set her free.

Now the bubbly, white-haired woman is set to conquer a world that kept her whimpering in fear for half her life.

'I was dead but nobody ever came to bury me'

"I was dead but nobody ever came to bury me," Marge, 64, told The NEWS.

"I just can't describe the anguish I went through, but that's all over now — and there's nothing I can't do."

Marge was a happy, hard-driving career woman in 1948 when she was struck down by agoraphobia, a horrifying emotional ailment that leaves its victims terrified of going out in public — or even outdoors!

The nightmare began one bright spring day as she sat in a Washington, D.C., beauty parlor.

"It hit me all of a sudden and I began to shake — to tremble — uncontrollably," Marge recalled. "Fear swept through me and my heart began beating like crazy.

"I couldn't understand it — I thought I was going absolutely nuts. It was the kind of thing you'd feel if a tiger escaped and was heading right for you."

White with dread, she ran out of the shop and didn't stop running until she was safely inside her apartment. Then she flung herself across her bed and sobbed until she fell asleep.

"I knew it wasn't over, it was just beginning. I didn't know what was happening, but I knew it was going to happen again," she said.

A couple of months later, the terror ripped through her once more as she waited in line at a supermarket. She dropped her groceries and made a wild dash for home.

"It just kept happening to me," Marge said. "I was working in the office one day and my heart started pounding and I got feverish.

"I had to get home but I couldn't make it home alone, so I had to ask someone to take me. I was humiliated."

After another chilling attack on a bus, she went to a doctor who told her she just needed to relax.

But the spells kept coming and Marge went through one job after another, quitting each time her terror and embarrassment became too awful to live with.

Finally, she withdrew to her little one-bedroom apartment — and stayed there for three lonely, heartbreaking decades.

"It was pure hell," she said. "I couldn't go to the store, I couldn't take a walk, go to see friends, even step out my front door.

"I was literally scared to death of anything outside my four walls."

For a few years, she had a roommate named Dixie, who eventually died of cancer.

"Then I was really alone. I was sick, numb. I knew I would never be a part of the real world again," Marge said.

Day after day, year after miserable year, she sat and read or simply talked to her Chihuahua, Tina. Sometimes she just sat in the dark and wept over her hideous fate.

"I know people thought I was just lazy or crazy, but they didn't understand," she said. "I didn't understand it either."

She lived on the $300 a month sent by her father, and her few friends did her grocery shopping.

Over the long years, Marge thought about killing herself.

"I wasn't really living, but I was afraid of dying, too, so I couldn't do it," she said.

During those terrible years, Marge knew little about the outside world, except what she read in newspapers.

"I missed it all — the sunshine and the snow, the sunsets, the love I might have had," she said. "It's so very sad.

"My father suddenly died and my brother and sister, and I couldn't even go to the funerals."

The world began to open up again for Marge recently when the desperate woman called a senior citizens' group to see if she could get a typing job in her home.

A kind, concerned counselor named Sally Walther went to interview Marge and recognized her problem as the mysterious agoraphobia. Sally eventually persuaded the cowering Marge to leave her home and go with her to a therapist who specializes in treating disorders like hers.

"She seemed totally helpless — like she was in another world," said Dr. Robert Dupont, head of the therapy program.

Month after month, specialists worked with Marge, leading her to stores, to restaurants, to a multitude of places that she thought she'd never go again.

And now she's even enrolled in college and is holding down a part-time job.

"I never thought it could happen, but I'm actually a part of society again," she said. "I'm not embarrassed by what I went through — I'm just overjoyed that a miracle's set me free."

A smiling Marge Goff in her new life as a college student — and she even holds down a part-time job!

Newest food fad is old Oriental staple

Tofu, an Oriental food staple, has become America's newest food fad which experts predict will become the yogurt of the '80s!

Tofu, a curd derived from soybeans, comes in a soft variety which resembles custard, and a hard variety which is something like cheese.

Both are almost flavorless, making them a prime extender for more expensive food such as ground beef or highly seasoned dishes.

For example, one dish looks like broccoli with cheese sauce. It tastes like broccoli with cheese sauce. It is, in fact, broccoli with tofu mustard sauce. Yummy!

David Mintz, who developed the recipe along with dozens of other Western-style tofu dishes, believes tofu-based ethnic foods are the wave of the future. He's selling everything from the broccoli dish to frozen tofu desserts through his New York delicatessen and catering service.

A recent study by a New York-based market research company suggests Mintz' business is part of a national trend.

Tofu could become the yogurt of the '80s, says John Perry, director of research for FIND/SVP. He believes the potential market for tofu as a tasty, versatile food "is at least as great as the current market for yogurt.

"It will probably take tofu five to 10 years to reach the current level of yogurt, even with promotions and brand-name products," he added.

Tofu product creator David Mintz pulls the lever to serve up some Tofutti ice cream — a dessert

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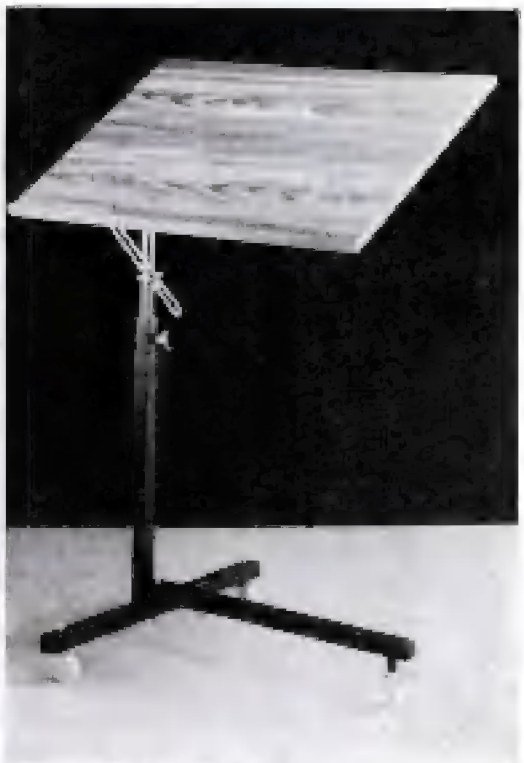

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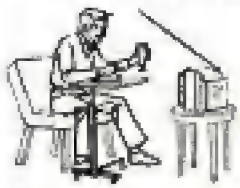

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ASK MR. SHOWBIZ

Gregory Harrison

Reagan's daughter surprised Greg Harrison

Q. What did Gregory Harrison think of President Reagan's daughter Patti Davis who costarred with him in the television movie about a male dancer? — Louise Arteen, Jackson, Miss.

A. Greg, who plays the handsome heartthrob on television's "Trapper John," was happy about Patti's casting because of the interest she would draw, but skeptical about her acting ability. He was surprised when she showed real acting ability. "Having people tune in to see the President a daughter do a bad job . . . would not have done anyone any good," he said. "But she gave the best reading at the auditions and did a terrific job."

Ringo got his gal with jokes

Q. I can see why former Beatle Ringo Starr was attracted to his sexy new wife, actress Barbara Bach. But what does she see in him other than his money and fame? — Len Swifty, Bronx, N.Y.

A. It's true that Ringo is no Robert Redford when it comes to looks, but the talented musician is also a funny fellow. "I'm usually attracted to people who can laugh," said Barbara. "So I was naturally attracted to Ringo. We both agree that the best thing in life is laughter."

Catherine Bach

'Hazzard' star says she's not too sexy

Q. How does actress Catherine Bach, the sexy girl on "Dukes of Hazzard," feel about the Moral Majority's objections to her show? — Michael Bleau, Denver, Colo.

A. Cathy, who has been tabbed as having the sexiest legs on TV, doesn't believe that the religious group is against her top-rated show because of her short-shorts and tight tops. She says that the group objects to the wild antics and driving of the Duke boys.

Dinah wanted to be a sports champ

Q. Dinah Shore is always sponsoring golf tournaments and playing tennis. Was she an athlete in her youth? — Alice Shanks, Rochester, N.Y.

A. Dinah has always been very sports oriented although she was never a champ. At Vanderbilt University, she was a substitute on the swimming team. "I always wanted to be a great athlete," she said. "I've always thought how wonderful it would be to be a golf, tennis or swimming champion or an Olympic gold medalist."

Dinah Shore

Do you have a celebrity question? Send it to Ask Mr. Showbiz, Weekly World News, 600 S. East Coast Ave., Lantana, Fla. 33462. Questions of general interest will be answered in this column. Letters cannot be answered individually.

"God Bless You, Shawn"

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One by one, her bold prophecies have come true - making headlines!

- She predicted the capture of Patty Hearst
- Foresaw the rescue of Samuel Bronfman
- Gave police facts about the LaGuardia bombing that only key detectives knew.
- Prophecied the Arab oil boycott of '74.
- Predicted the biggest air crash in history - the collision of two 747's in the Canary Islands . . .

A FEW SAMPLES OF LETTERS THAT POUR IN DAILY . . .

"the analysis describes me perfectly" Ms. S.N., Dayton, Ohio

"Keep up the good work" E.S.

"Your analysis helped me a great deal" M.B., Commerce, CA

"Your accuracy is something extra" W.D., Dallas, TX

"You told me so much about myself" E.S., Chicago, IL

"Your prediction of me came true" P.R., Winterhaven, FL

"You were the only person with the nerve to tell me how I really am" R.E., New Haven, CT

People's Almanac described Shawn Robbins as a "young, attractive woman who has had psychic experiences all her life."

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WHAT DOES SHAWN PREDICT FOR YOU?

Where will you be five years from now? Is your marriage in jeopardy? What opportunities lie in store for you? What dangers do you face? How can you get more of the good things out of life? These are just a few of the questions she will answer.

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Macho Lorne Greene's surprising new role: He's a women's libber

Fatherhood is one role that Lorne Greene just can't seem to shake. In his new series "Code Red," he's the dad of fire fighters played by Sam Jones, left, and Andrew Stevens, right.

By PATRICIA ERWIN

Macho superstar Lorne Greene, who shot to fame as the wifeless father who raised three sons on TV's "Bonanza," has become a tough-talking backer of women's rights.

Despite his macho image, Lorne's come out as a feminist and blames it on his wife of 22 years, Nancy.

"Nancy has totally convinced me how important it is that women be treated equally in our society," said the 66-year-old star.

"She's turned me into a feminist, through and through."

It may seem strange that TV's famed Pa Cartwright now reads "Ms." magazine, but that's exactly what Lorne does.

"Because of Nancy, I've learned more about women, their struggle to be accepted, their need for equal pay for equal work and other rights they so honestly deserve.

"It's an issue I care about very strongly."

Lorne admits that he never felt too involved in the women's movement as he made his career playing super strong father types on TV.

After the long-running "Bonanza," Lorne became the wifeless commander of "Battlestar Galactica."

In his current series "Code Red," Lorne plays a dad once again, but this time he's got a wife who is doing on TV what Lorne's real wife has done — gone back to college.

Lorne has embraced women's rights for a reason other than his wife.

"I have a 13-year-old daughter, Gillian, and I hope that when she grows up and pursues a career, she's given equal opportunity to achieve," he said.

"Women are as intellectual as men and they're just as capable of having a fast-paced, rewarding career. It's about time women moved into professional career areas that have been previously dominated by men.

"I'm all for equal rights for both men and women, and I say it's about time it happened."

He also sees nothing wrong if a woman decides to become a homemaker, but he feels that today's women should feel free to choose.

"All human beings should live up to their full potential in life," he said. "We all have individual talents and ambitions that we should nurture instead of neglect."

Born in Canada, Lorne was a famed newsman there until he came to the U.S. in the 1950s to try his hand at acting.

"Bonanza" turned out to be a pot of gold, making Lorne rich and famous. He says he patterned Pa Cartwright after his own father, a Russian immigrant who came to Canada and became a shoemaker to support

TV NEWS

Nancy Greene convinced hub-by Lorne about women's lib.

Lorne hopes daughter Gillian becomes a career woman.

Lorne as being a real-life parent.

"Being a father is possibly the most rewarding experience a man can have," he said.

"You have to be wise and strong at all times, but you're only human — so you end up making some mistakes and learning a lot along the way.

"My young daughter Gillian helps keep me young and gives me the younger generation's perspective on life."

Lorne says the biggest mistake of his "Bonanza" role was that Pa Cartwright never made a mistake — and that put a lot of pressure on real-life fathers.

"I used to get lots of letters from fathers," he recalled. "Many of them said I was making it tough on them because their wives expected them to be the same kind of father as Ben Cartwright.

"I also got a lot of letters from kids saying they wished they had a father like Ben.

"With some I was able to read between the lines and realise that their father was dead or away from home. I always answered these letters. How could

News TVIews | **Critic Rex Winston calls it like he sees it . . .**

Christmas special season means more of the same dreary stuff

By REX WINSTON

It's a good thing we don't have to depend on those grouchy, cheapskate network programmers to play Santa Claus. We'd all wind up with big fat lumps of coal in our Christmas TV stockings.

'Tis the season to be jolly? Bah! Humbug!

When it comes to TV, Christmas is about as entertaining as my wife's excuse for the latest dent in the family Ford. No matter how the story starts, I always wind up paying in the end.

Christmas TV shows get me so mad that I'd like to punch Rudolph right in his "nose so bright." And this year, the Yule Log-jam was Scrooged-up in record-breaking time.

I hadn't even packed out my Thanksgiving bird before the Yuletide garbage heap began stinking up the tube.

The beginning was "George Burns' Early, Early, Early Christmas Special." I'm still trying to figure out if that one was supposed to be a comedy or not. I'm no spring chicken but I can spot a turkey when I see it. George managed to come up with a show that stunk worse than his cigar.

And I have nothing against old age, either. One day I hope to make it there. But when I do, I'll have enough kindness in my heart to make way for younger people who deserve a shot at success.

Perry Como will yawn his way through another special.

George should call it quits. The only thing I found more depressing than watching old George is the fact that it's going to get worse — a lot worse.

By the time we're through with tinsel and gift wrap season we'll be Christmas cheered to tears.

Every year it's the same old has-beens trotting out their crummy holiday specials. It's an old joke that gets more annoying with each passing year.

I don't know about you, but I've had it up to here with all those Osmond family carols. I thought we got rid of them when "Donny and Marie" went down the drain a couple of years ago.

They even woke Perry Como up long enough to do a Christmas special this year. I say, let sleeping dogs lie.

What are the chances of Bob Hope coming up with anything new for Christmas this year? Zero. No thanks for the memories. Bob. I've heard all those jokes before.

This year I'm asking Santa for the strangest Christmas gift ever. I'm asking the bearded fellow for one week of peace and quiet — and no TV. Then, maybe I'll have a merry Christmas.

But I'm not holding my breath. I think I'll tune in "John Denver and the Muppets" — yes, it's on again this year — and drown my sorrows in a good stiff cup of eggnog.

20 YEARS AGO THIS WEEK

'Dr. Kildare'
Dec. 13, 1961
8:30 p.m.

Richard Chamberlain

Tonight's Episode: Young Johnny Temple is slashed in a teenage street brawl and brought to Blair Hospital. Kildare tries to administer emergency treatment, but the boy pulls a switchblade on him.

"Dr. Kildare" was a big hit because it realistically portrayed life in a big city hospital. When the show debuted in 1961, Dr. James Kildare was at the bottom of the medical rung.

Every move was watched by Dr. Leonard Gillespie, who grew to be a father figure for Kildare. Set in Blair Hospital, "Dr. Kildare" got many promotions during its six-year run on NBC. "Dr. Kildare" changed in style over the years. It started out as an hour-long drama about the doctors' lives, but in 1965, the show switched to two half-hour shows a week.

"Dr. Kildare" became part of a nighttime soap opera.

The star of "Dr. Kildare" was Richard Chamberlain, who has gone on to become one of the biggest stars in TV. Dr. Gillespie was played by veteran Raymond Massey.

. . . Now, it's your turn

'WKRP' is a stupid insult to a great town like Cincinnati

I'm sick and tired of "WKRP in Cincinnati" and its insults to a great American city. Those smart aleck actors are always making cracks about beautiful Cincinnati and acting like it is some hick town.

For one thing, if it wasn't for Cincinnati they wouldn't have a name for their silly program. For another, Cincinnati is a very sophisticated American city — and not some jerkwater town with a stupid radio station.

I say, "Get out of Cincinnati, WKRP!"

Elsie Brown,
Cincinnati, Ohio

Viewers finally win

I hope the networks have learned a lesson from "Hill Street Blues." All of the big shots wanted to kill the very best program on TV just because the phony rating system said nobody watched it.

Well, a lot of people watch the show and we all love it — and the dumb bosses had to change their minds. Finally, we viewers won a battle against the people who try to feed us crummy shows.

Al Stone,
Denver, Colo.

Too much sex

Please, somebody do something about all this unnecessary sex on TV.

Every time I turn on my set I'm greeted with half-naked women or women with low-cut blouses and jeans so tight I don't see how they get into them.

Do those big shots in Hollywood think that we TV viewers are all a bunch of sex perverts?

Well, we aren't.

Can't they find some nice wholesome actresses like June Allyson, Doris Day and Ann Blyth?

Mary Martinez,
San Antonio, Tex.

Readers! Here's your opportunity to sound off about TV. Just send your comments to "It's Your Turn," Weekly World

AT-A-GLANCE PROGRAM GUIDE | DEC. 12-DEC. 18 |

		8:00	8:30	9:00	9:30	10:00	10:30
SATURDAY	ABC	Open All Night	Mahoney's Living	Love Boat		Perry Como's Christmas Special	
	CBS	Walt Disney: Once Upon a Dataset				CBS Reports	
	NBC	Barbara Mandrell and the Mandrell Sisters		Hanger Valley	Lewis and Clark	TV Inside and Out	
SUNDAY	ABC	Talley's Folly		Hidden Numbers (TV Movie)			
	CBS	Alistair Tribute to Burt Reynolds		Sixth Annual Circus of the Stars			
	NBC	CHiPs		In Search of Historic Jesus (Movie)			
MONDAY	ABC	That's Incredible!		NFL Football: Atlanta at Los Angeles			
	CBS	Rudolph the Red-Nosed Reindeer		M*A*S*H	Newsy Cable	Lou Grant	
	NBC	Casper's First Christmas	A Chipmunk's Christmas	A Very Crosby Christmas Like We Used to Know		A Man Born Christmas	
TUESDAY	ABC	Happy Days	Laverne & Shirley	Three's Company	Too Close for Comfort	Hart to Hart	
	CBS	Little Lord Fauntleroy (TV Movie)				The Body Human: Living Code	
	NBC	Father Murphy		Real Matricide		Flamingo Road	
WEDNESDAY	ABC	Greatest Adventure Hero		The Fall Guy		Dynasty	
	CBS	How the Grinch Stole Christmas	'Twas the Night Before Christmas	Nurse		Shannon	
	NBC	Real People		Facts of Life	Love, Sidney	Quincy	
THURSDAY	ABC	Mork and Mindy	Best of the Week	Benny Hillin	Taxi	20/20	
	CBS	Magnum, P.I.		Knots Landing		Jessica Novak	
	NBC	Happy Valley	Lewis and Clark	Riff-raff Smokes	Gimme a Break	Hill Street Blues	
FRIDAY	ABC	Season	Buddies	Dark Secret		Strike Force	
	CBS	Dukes of Hazzard		Dallas		Falcon Crest	
	NBC	Alice and the Dobermann Gang		McClain's Law		Merry Christmas from NBC	

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★ With the "magic" healing power of Internal Baths, you'll never have a sick day in your life—when used with the NINE-DAY INNER CLEANSING AND BLOOD WASH! Patients who have recovered completely from illness after using this 9-day method swear by it! It will conquer disease in almost all cases, and free your body of accumulated poisons that make you sick, in only 9 days!

Here's what happens during the 9 days of cleansing:

★ It will rid your body of poisonous wastes (toxins) that have accumulated and formed a lining around your intestinal wall—causing disease!
★ It will reverse the aging process, and increase your longevity by 30 years!
★ It will reduce your weight without dieting or the use of drugs—and keep you slim during your lifetime!
★ It is a positive way to avoid ever having a heart attack. It may keep you alive even if you've had a heart attack or stroke!
★ It will heal arthritis if not in advanced stages!
★ It will lessen the intake of insulin by diabetics!
★ It will restore masculine vigor and put energy back in your sex life!
★ It will overcome low blood sugar!
★ It will aid in normalizing high blood sugar!
★ It will overcome post nasal drip!
★ It will overcome an urge to urinate too frequently!

. . . and still that's just the beginning!

SECRET DISCOVERY REVEALED!

At this writing, I am 84 years young—having been born August 11, 1895. When I first began my investigations, I was in a state of broken health. I suffered from bronchitis, shortness of breath, sinusitis, gastritis, sciatica, high blood pressure, constipation, chronic fatigue, backache, obesity, and hay fever. Then, about 35 years ago I discovered the NINE-DAY INNER CLEANSING AND BLOOD WASH!

Today, at 84, I am a well-preserved individual, hale and hearty, mind sharp as a razor and productive. I am erect in stature, with a youthful 34-inch waist, and a full crop of silver-white hair.

My wife, Connie, at the young age of 70 "going on 80," hasn't been to a medical doctor in about 20 years. I did not have occasion to see a doctor until I was 69 when I thought it best to start having check-ups. I've only had one brief illness in 3 years.

What is the secret?

INNER CLEANSING! You see, my studies revealed to me that many illnesses seem connected with cell stagnation. If your nose is "stuffed up" or congested, or if you experience congestion in your throat or chest, it indicates that there is an accumulation of stagnant matter within you . . . sinus trouble, bronchitis, asthma, or colitis, is the result of stagnation. So are arthritis and skin eruptions.

All this can be prevented by giving the body an opportunity to cleanse and purify itself, and then rebuilding the body and its cells with proper nourishment.

FOUR NATURAL BLOOD WASHING FOODS WITH HEALING POWER!

During the 9 "cleansing days," you'll be eating certain common foods I recommend. During this time, you will also begin the action which will effect a good, thorough wash of your bloodstream. You'll simply begin to sip certain fresh juices.

What are these foods? There are several, but during my years of research, I have singled out FOUR NATURAL BLOOD-WASHING FOODS WITH HEALING POWER that play an important part in healing, curing, and preventing disease.

You may be skeptical, but remember, the NINE-DAY Inner Cleansing and Blood Wash which I take yearly, has warded off common ailments and most pernicious diseases. It has kept me in the best of health throughout the years . . . and I am 84. If I merely told you the names of these foods you might not be impressed. But wait till you see what doctors, nutritionists, scientists, researchers, and users themselves say!

BLOOD WASHING FOOD #1:
Nature's Curative Wonder Food!

One of these foods, a common syrup, is in my opinion, an Unheralded Cancer Fighter. I believe it will not only close the door on cancer in general, but is especially helpful in cases of leukemia, strokes, ulcers, arthritis, varicose veins, and menopause!

★ James P. was in a state of broken health, unable to do even the lightest work. He was suffering from a growth in the bowels, blocked bronchial tubes, constipation, indigestion, pyorrhea, sinus trouble, and weak nerves. In addition, he was losing weight, and his hair had turned white—despite medical treatment. On hearing of a remarkable cure with this syrup, he decided to try it himself. And not only did the growth in his bowels disappear, together with all the other troubles, but his hair actually regained its original color (he was over 60 at the time)!

Others, apparently, have had the same remarkable results, including a man with a fibroid growth of the tongue, and another with cancer of the knee. Reputedly, tumors in various parts of the body have withered away without any other measures than taking this syrup. (No cancer cure is claimed, and reputable medical help is advised, of course, in all cases.)

★ **A "MIRACLE" RECOVERY FROM TWO STROKES!** — It is widely thought that when a person has had two strokes the third will be fatal—and yet it need not be so. Mr. K., an elderly man, had had two strokes and was completely paralyzed on one side. He then tried this syrup. The result was that he recovered the use of all his limbs and became completely fit, much to the astonishment of his doctor.

★ **SPECTACULAR CURES OF ARTHRITIS!** — Elaine B., 60, had severe arthritis in her knees and hip joints. She was in a great deal of pain and was unable to walk without assistance. Finally, she tried this syrup. One week later, she could swing her legs and flex her knees painlessly! Mr. J., an elderly man, could barely hobble with canes. After using this syrup for four weeks, he threw away his canes!

This common syrup can be obtained at any health food store or supermarket at negligible cost. There is nothing like it for prevention of these diseases. I always take my quota of this syrup every day. I strongly recommend that you do the same. It's a must! Several men who had been denied driver's licenses because of heart trouble were put on treatment with this syrup. After six weeks they got their licenses. A woman afflicted with recurrent heart attacks took this syrup and the attacks subsided!

BLOOD WASHING FOOD #2:
A Wonder Beverage!

It has been said that there are a number of ailments that will automatically disappear after taking this beverage in a certain manner. It is made of the most health-giving fruit that exists.

Reduction of weight without dieting will be achieved permanently if this beverage is taken a few times a day. It will burn up the surplus fat. It retards the onset of old age . . . renders the urine normal (thus counteracting a too-frequent urge to urinate) . . . it promotes digestion because it is very much like a digestive juice!

Observers have been quite astonished to see how forgetfulness is and people partially or wholly disappears through the practice of taking this beverage. Excessive bleeding can be reduced to a minimum in the case of an operation, and the healing process greatly quickened, if the patient takes this beverage. In cases of frequent nosebleeding due to some unknown cause, a drink of this beverage with each meal will soon put a stop to the trouble. Sore throats—even of the streptococcus type —can be cured with astonishing rapidity, often in one day, by taking this beverage as a gargle. Tickling coughs and laryngitis will rapidly disappear. It regulates menstruation and is very beneficial to women. Belching can be cured or greatly lessened by taking this beverage.

BLOOD WASHING FOOD #3:
A Food For Healing!

Here is another syrup that is a most effective remedy for insomnia, emphysema, shortness of breath, sinusitis, asthma, and chronic fatigue. Combined with a certain beverage I tell you about, it is most beneficial to those suffering from various heart troubles, hay fever, colitis, arthritis, neuritis, and many other common ailments. It is a natural laxative, and one of nature's most powerful germ killers.

Russian medico-scientists have shown that it will cure a condition as serious as gastric ulcers. One doctor wrote: "In heart weakness I have found (this syrup) to have a marked effect in reviving heart action and keeping the patients alive."

BLOOD WASHING FOOD #4:
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This vegetable is the oldest known "home remedy." It has long been used to rid the body of parasites and in the healing of disease. According to an old news item, "In test tube experiments virile bacilli that can be killed only after hours of boiling in water die, after one hour of exposure to (this vegetable)."

This vegetable's almost miraculous antiseptic power is an aid in high blood pressure, asthma, emphysema, colds, gas, gall stones, bronchitis, infections, hardening of the arteries, mucus, elimination, sinus trouble, and many other maladies. It has been widely used in restoring masculine vigor. It clears the blood of excess sugar as effectively as an oral drug. It has remarkable preventive powers and healing powers and offers protection against heart disease.

POWERFUL WEAPONS YOU CAN USE TO OVERCOME MAJOR DISEASES!

The diligent use of these 4 foods, with their extensive curative properties, healing powers, and remarkable preventive powers, will aid tremendously in "healing the body," in my opinion. They are all part of my NINE-DAY INNER CLEANSING AND BLOOD WASH FOR RENEWED YOUTHFULNESS AND HEALTH!

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MEET THE AUTHOR

L. E. GAUMONT says he has spent over 40 years of intensive study and therapeutic research in an effort to combat disease naturally—without the use of drugs. He claims to not only have cured himself of hay fever and a host of other allergic ailments, but he reports that he is the discoverer of the "healing the body first" theory, a startling breakthrough that he says was of vital importance to the health field. Mr. Gaumont claims that through his efforts, thousands of ordinary people, many of whom had given up hope, were cured from numerous crippling diseases and ailments.

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IMPORTANT NOTICE

The statements contained in this book express the opinions of the author, who is not a medical doctor. These opinions may, in certain cases, be contrary to those of the medical profession, and are based on experiences which may not be representative of results that can be expected for others. [illegible] been referred to. Many of these symptoms can be caused by more than one condition, and these conditions cannot be self-diagnosed by the lay person. [illegible] direct relationship to the [illegible] and where [illegible] may be involved, early diagnosis and treatment may be critical. In all cases, early diagnosis and treatment by a competent medical practitioner is advisable and, in some cases, may be essential.

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I'm in love with a pretty doctor but she says I'm way too young

Dear Babs...

Babs will be very pleased to help anyone who has a personal problem. Just write to: Babs, Weekly World News, 600 S. East Coast Ave., Lantana, Fla. 33462. Letters will be answered only in this column.

Dear Babs: I'm a 27-year-old physical therapist who has fallen in love with a 47-year-old lady doctor.

We seem to complement each others' lives wonderfully. She is stable, intelligent and a marvelous lover. In fact, our relationship is more than I ever dreamed I could find.

I asked her to marry me, but she refused adamantly saying that marriage would ruin our relationship. When she added that the 20 years separating our ages would come back to haunt us, I got angry and accused her of finding excuses.

Now, she is refusing to see me. I'm terribly hurt and I need her. How can I convince her that our ages don't make any difference?

Heartsick,
Newark, N.J.

Dear Heartsick: While the relationship you have been enjoying has been rewarding, the age difference could indeed haunt you in the future.

The fact that the lady had the courage to tell you, realizing that it might destroy the beauty of the moments, certainly justifies your description of her intelligence.

An age difference makes no difference only if both parties agree to ignore the calendar. Otherwise, it is a big problem.

Forget her.

Lover's a hum, but he's all I've got

Dear Babs: After dating a man for over a year, I found out that he was married, so I stopped seeing him. He convinced me that he had filed for divorce and that I should continue seeing him.

I found that I cared deeply about him. I also found that he was jobless and a heavy drinker with emotional problems.

We've broken up so many times, but we keep getting back together. His divorce is final and he hasn't changed.

I know I'm wasting my life away waiting for him to change but I have a 4-year-old son and it's hard to meet other men. I don't know what to do anymore. Please help.

At Wit's End,
Pennsylvania, Va.

Dear Wit's End: I agree with you. You are wasting time waiting for this man to change. With proper therapy and a lot of time, he may have a chance, but you don't need that kind of trouble.

Don't sell yourself short. There are over a hundred million men in this country.

Our marriage is going up in smoke

Dear Babs: I'm at my wit's end. My husband's smoking has been a wedge between us for 15 years. This terrible habit controls both his and my life.

He wakes up hacking every morning, reaches for a cigarette and lights up in bed. His breath is awful, the house always has stinking ashtrays and he burns holes in most of his clothes.

How can I get him to listen to reason and stop this before it kills him? He can't even take walks with me because he runs out of breath in a couple of minutes. Help!

Smoked Out,
Hartford, Conn.

Dear Smoked Out: You can't. Nothing will get a smoker to quit unless he wants to quit. 100,000 doctors decided to quit after observing the results of smoking on their patients. That made them want to.

You might give your hubby some grim statistics in hopes that one day he will see the light.

Cigarette smoking is the number one cause of unnecessary and preventable illness and death.

250,000 people die in the U.S. annually from smoking. Each year, 100,000 people die from lung cancer with a rate of cure of about 10 percent as compared to 50 percent with other forms of cancer.

A study by the American Cancer Society produced evidence that no major cause other than cigarette smoking was related to lung cancer. Your hubby would not let some other person run his life, yet he lets a group of advertising executives on New York's Madison Avenue lead him to the grave.

How can I make him more than a friend?

Dear Babs: I'm 16 and the boy I like always calls me when he wants a friend. Like when his car breaks down or some girl he likes puts him down.

How can I let him know I want to be more than friends without losing the relationship with him I value?

Friend,
Philadelphia, Pa.

Dear Friend: The first thing you have to decide is whether you're willing to risk losing your obviously close relationship by letting him know your true feelings. If you are willing to take the gamble, be honest with him, try discussing it with him in a hypothetical question like, "Suppose you liked someone . . ." If he doesn't catch on, then ask him how he really feels about you. Keep it in mind that at your tender age friendships usually last and are more valuable than romantic flings.

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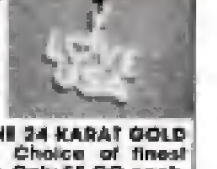

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You Won't Feel Hungry–But You Will Lose Weight!

Now! A diet plan, using SPIRU-LEANER—a highly-potent form of Spirulina, one of nature's protein-richest foods—helps you shed pounds naturally by turning off your appetite without using any harmful drugs!
Without dangerous crash diets and time release pills. Without "mystery" ingredients or crazy claims that you'll "burn off" fat. And without extra hours of strenuous exercise.

A former consultant and instructor in nutrition science at a leading state university medical school warns against the damage fad diets and improperly balanced nutrition can cause—his advice: *"Don't risk the fad diet ever again!"*

And now this award-winning doctor of nutrition has used his professional expertise to let you take advantage of the wonders of Spirulina in a nutritionally sound diet plan that combines Spirulina with delicious, hearty foods in proper balance for you to *nourish yourself slim!* With this SPIRU-LEANER diet plan you can look for results like these—

- **LOSE POUNDS THE VERY FIRST WEEK!**
- **SLIM INCHES OFF YOUR WAISTLINE!**
- **USE SPIRU-LEANER UNTIL YOU REACH YOUR DESIRED WEIGHT!**

Best of all, with the SPIRU-LEANER diet plan, you'll slim down without habit-forming drugs, dangerous chemicals, or long hours of extra exercise—but with only *natural* concentrated Spirulina and luscious, mouthwatering meals! Our carefully balanced menus let you enjoy ample amounts of taste-tempting roast beef, appetizing veal cutlets, rich chicken breast, delicious crabmeat—even ham and pork—and a tremendous variety of appealing alternate dishes loaded with the nutrients your body needs to stay healthy as you slim down!

The SPIRU-LEANER diet plan—your sure, nutritionally sound way to shed unwanted ugly fat in a hurry!

Our tiny SPIRU-LEANER tablet is a fantastically concentrated form of Spirulina—one of nature's richest sources of complete protein, with a balance of all the essential amino acids. Spirulina grows naturally in certain highly mineral fresh-water lakes and ponds. Spirulina is so rich in protein, vitamins, and trace minerals—all in an easy-to-assimilate form—that researchers around the world are studying its use as an important food source for a starving world. Yet, amazingly, its nutrients are so concentrated that it offers equal promise as a *weight control aid* for the overweight of the world—as recent articles in leading national publications have pointed out. And our tiny 2-calorie tablet, combined with the exclusive SPIRU-LEANER diet plan, gives you a safe, nutritionally-sound way to shed unwanted weight and ugly fat in a hurry!

How the SPIRU-LEANER diet plan helps nourish you slim!

You simply take 3 to 6 SPIRU-LEANER tablets one-half hour before every meal . . . and let their concentrated Spirulina go to work. During that half-hour, there is just enough time for *three* important actions to take place:

1. SPIRU-LEANER's balanced amino acids are readily released into the blood stream.
2. They stimulate the body's natural metabolism, just as eating does, to raise the blood sugar level in the brain.
3. When your blood sugar reaches a level needed to convince your brain's appetite control center that you don't need additional food—you lose that hungry feeling.

By the time you sit down to your meal, the edge is off your appetite. You'll enjoy the taste of your food, but you'll shudder at even the thought of huge portions. And the SPIRU-LEANER diet plan menus will give you portions just big enough for you to handle without feeling overstuffed—with the balanced food elements you need for good nutrition, in amounts that will help you shed overweight in a hurry! You won't feel cheated. And you won't need extra strenuous exercise to peel off those pounds. Yet you'll keep on losing that unwanted weight, day after day and week after week—at an amazingly fast rate, as the SPIRU-LEANER diet plan helps *you nourish yourself slim!*

The SPIRU-LEANER diet plan is natural, effective, and it works!

Many crash diet plans are completely unbalanced. Like the one that has you eating so much fruit, you're likely to lose weight temporarily . . . from diarrhea! Others try to suppress your appetite through the use of strong drugs. And even some Spirulina programs don't bother to make sure that you get the proper balanced nutrition you need to lose weight safely. With this SPIRU-LEANER diet plan, developed by an award-winning doctor of nutrition, you will get a safe and balanced plan to use with your SPIRU-LEANER tablets. What's more, SPIRU-LEANER helps *you nourish yourself slim* with a healthful concentration of natural protein, vitamins, and easily absorbed organic minerals. Each 2-calorie SPIRU-LEANER tablet is completely natural—with no dangerous drugs, preservatives, or chemical additives. By comparison, SPIRU-LEANER has over 3 times the protein content of high-grade beef—and over twice as much Vitamin B-12 as raw liver, on a percentage basis. And nutrients from SPIRU-LEANER tablets are released into the blood stream rapidly to turn off your brain's appetite control center, so you can comfortably eat less. That's why the SPIRU-LEANER diet plan can help you *lose your unwanted weight*—without discomfort or hunger pangs—and with the great feeling that goes with getting proper nutrition, while eating the foods you enjoy!

Satisfaction guaranteed—or your money back!

You, too, can nourish *yourself slim*, with the exclusive SPIRU-LEANER diet plan. Order your SPIRU-LEANER tablets and diet plan today. When they arrive, follow the plan and start losing that unwanted weight, quickly, painlessly, naturally! You must be well on your way to the lifetime weight control you've always hoped for, but never before been able to attain! If you aren't completely satisfied, let us know within 30 days, and we'll immediately refund every penny of your purchase price—with no questions asked. So don't waste a single overweight day—order now. After all, the only thing you can possibly lose is unwanted weight and ugly fat!

IMPORTANT! URGENT NEWS FOR YOUR HEALTH AND SAFETY!
The SPIRU-LEANER diet plan is a completely natural weight-loss program, using a highly potent form of Spirulina—one of nature's protein-richest foods. SPIRU-LEANER tablets supply only 2 calories, and are 100% natural—with no chemical additives, preservatives, or dangerous drugs used to suppress your appetite in many of the popular time-release "diet" capsules. Because SPIRU-LEANER tablets contain only natural ingredients, they can't bring on or aggravate high blood pressure, heart disease, or kidney disease. Rather, the SPIRU-LEANER diet plan helps *nourish you slim*, as it helps you *lose pounds the very first week, and slim inches off your waistline!* ON A PERCENTAGE BASIS, THESE TABLETS HAVE OVER 3 TIMES THE COMPLETE PROTEIN CONTENT OF HIGH-GRADE BEEF AND OVER TWICE AS MUCH B-12 AS LIVER. And SPIRU-LEANER releases the amino acids from its protein into the blood stream so rapidly, it turns off your brain's appetite control center in less than 30 minutes! Take 3 to 6 SPIRU-LEANER tablets one-half hour before each meal, follow the SPIRU-LEANER diet plan's delicious menus, and enjoy safe, effective weight control for the rest of your life!

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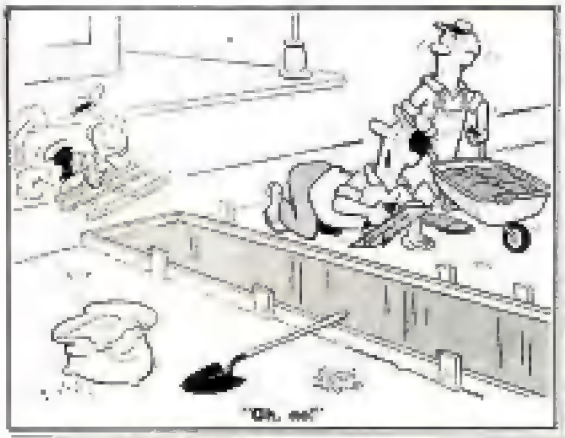

Space aliens set up headquarters in wilderness areas of the world

By MICKEY McGUIRE

Space aliens are using the remote, hostile regions of Earth as secret landing sites for their starships!

That's the astonishing claim of Frederick Jungworth, a German-born UFO researcher, who said the growing number of sightings indicates that space beings have set up bases in remote areas of the globe.

"Almost on a daily basis, we are getting incredible UFO sighting reports from such distant places as the Amazon interior, the polar regions, the Sahara Desert and the Himalaya Mountains.

"The only logical reason for the great increase in UFO overflights in such places is that they have established bases in those regions. For what purpose, I don't yet know."

Jungworth, now based in Caracas, Venezuela, said he plans to go to Katmandu, Nepal, to investigate the sighting of UFO overflights in the Himalayas.

The latest of many sightings in that vast and inhospitable mountain range came from famed Italian climber Reinhold Messner, who said he watched a strange UFO "the size of a full moon" for nearly three hours.

Messner spotted the shimmering space vehicle on his return to Katmandu after his unsuccessful attempt to scale 24,298-foot Mount Chamblang.

He said he watched the UFO as it drifted south into Nepal from Tibet over the majestic snowcapped peaks.

"It was moving very slowly," Messner said. "It moved eastward and then went again southwest. Then it finally went back into Tibet."

His climbing partner, Doug Scott, a British schoolteacher, also sighted the object, he said, as did a nearby joint Polish-British expedition, but at a different time.

"It positively could not have been a satellite," Messner declared. "Satellites move in an elliptical manner. The flight of this object was very irregular."

Jungworth speculated that the space aliens have established bases in uninhabited regions to avoid harassment by military aircraft, especially in America.

"There have also been a growing number of UFO sightings in the Northwest Territories of Canada," he said.

"That is a vast, generally unpopulated area and would make an ideal base for the UFOs that are constantly sighted over the North American continent."

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Longhorn cattle make big comeback

After helping win the West, the magnificent Texas longhorn nearly vanished from the American scene 60 years ago — but now it's making a startling comeback!

Cowboys tended 10 million of the fabled beasts in the days of the open range, but the breed almost died off by 1920.

America's appetite for richer, fatter beef led to the importation of British breeds like the Angus and Hereford, and the longhorn was forgotten. Now, however, and changing tastes are bringing the longhorn back.

The number of registered longhorns has almost tripled in the last five years, reaching 40,000 this year. Breeders expect the number to continue climbing by 20,000 a year.

The value of a longhorn has increased ten times since the breed began its revival.

Some cattlemen believe that growing fear of fatty meat will make Americans gobble up the leaner beef of the longhorn — and return the breed to the key role it played through most of the country's history.

Bianca the white lion cub finds a happy home

Rosemary David, above, is acting as a foster mother to Bianca the white lion cub. At right, she feeds the little animal milk from a bottle. Bianca was the only one of her litter to survive.

The birth of Bianca the white lion cub at England's Longleat Zoo was a story of tragedy and triumph — tragedy because the other three cubs born in the same litter were attacked and killed by other lions, triumph because she's the only one of her kind in Europe.

White lions are extremely rare — the story of the white lions of Timbavati in South Africa has become an international best-seller — and of the 300 lions born at Longleat, Bianca is the first that is white.

She was rescued from the fate of the other cubs by one of the keepers, but not before she was badly injured. With the care and attention of "nanny" Rosemary David, she's made a fantastic recovery. A spaniel called Freckles has been helping her on her way. They're now become inseparable friends.

Now life for Bianca is just one long round of lying around soaking up the sun with Freckles, and topping up with plenty of milk.

She's become a regular part of the routine in Rosemary's home, and has free reign of the garden.

That's all good news for a little lion cub who was lucky to survive.

Bianca and Freckles the spaniel have become fast friends since the cub moved into Rosemary

"When he won a trip to Hawaii for two . . . he went twice."

How you can 'iron' out those ugly age wrinkles

By DEE WHITTINGTON

You can smooth away wrinkles and look years younger with an expert's treatment that's as easy as "ironing" those tell-tale aging lines away — using ordinary shortening and a kitchen spoon.

The treatment was developed by Constance Schrader, author of the best-selling "Wrinkles" (Ballantine, $2.25 paperback) and all it takes is a spoon and a little oil, cream or even plain kitchen shortening.

"The technique replenishes the oil in your face and takes care of dehydration," Connie told The NEWS.

"Visualize an old glove — wrinkled, dried out.

"If you can put oil on it, then iron it, you can actually iron away the wrinkles. 'Ironing' your face with spoons and oil is the same basic principle."

Heat spoons in hot tap water, test them on your arm to make sure they're not too hot, spread a generous layer of cream, oil or shortening on your face and "iron" with the back of the spoons pressing the oil into the skin. You can use any cream or oil you like — even peanut oil or Crisco shortening is fine.

"Skin cells overlap in a shingle-like pattern," Connie explained. "What you're doing is penetrating the layers and putting a very thin layer of oil back into your skin.

"When you're young the oil from your own glands protects your skin, but as you get older, the oil glands slow down and this is a safe, easy, inexpensive way to take care of it."

The entire treatment can be done in five minutes.

"You'd be amazed at the vast improvement you'll see in just a week's time of these daily five-minute treatments," said Connie.

"The beauty of this is that it feels good, it's easy, you'll spend less on cosmetics, you avoid side effects of drugs or medicine and your face is rosy because you're increasing the blood circulation.

"It's as good for your skin as falling in love — that makes it rosy, too!"

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An ancient treasure-finds minted by Imperial Rome as long as 2,000 years ago will be made available for first time ever to individual U.S. Citizens on STRICT LIMITED BASIS . . . until the deadline of Jan. 31, 1982, from National Monetary Archives.

A scarce hoard of Caesars Commemorative Coins, discovered in ancient ruins — will be broken apart by the National Monetary Archives, and offered singly at prices as low. It is certain to set off a modern-day "gold-rush" by collectors of rare coinage!

EACH AND EVERY ONE DOCUMENTED AND CERTIFIED AS: "SCARCE ROMAN COINS MINTED IN THE AGE OF THE CAESARS!"

(New York, N.Y.) History will be made next week, when for the first time ever, the New York division of the National Monetary Archives opens its vaults to the public and offers all U.S. Citizens an opportunity ever to purchase these authentic ancient Roman coins . . . which are up to 2,000 YEARS OLD, or even older — at a price you might have never believe thought possible!

In a precedent-shattering move, the National Monetary Archives will actually break apart a newly-discovered treasure-hoard of ancient Roman coins — set aside a limited number of these historic Caesars commemoratives — so that in U.S. history they may be offered singly to the general public on a first-come, first-served basis.

DISCOVERED IN ANCIENT ROMAN RUINS — THEY HAVE BEEN ONE OF THE WORLD'S MOST HUNTED-FOR COLLECTIBLES SINCE THE DAWN OF CIVILIZATION!

Each coin bears the official insignia of Imperial Rome . . . comes mounted in a special museum-type display case to permit viewing from both sides . . . and is accompanied by a Certificate of Authenticity certifying it as a genuine coin of the realm issued in the Golden Age of Ancient Rome, as long as 2,000 YEARS AGO!

ACT QUICKLY — THE DEADLINE FOR ORDERING IS ALMOST OVER!

This truly remarkable "lost treasures" of some of the finest type coins ever struck by the Roman Imperial Mint up to 2,000 years ago are available from the National Monetary Archives . . . at the advance reservation price of only $9.95 per coin.

However, since this is the first time these Ancient Roman Coins have ever been made available to private, individual U.S. Citizens by National Monetary Archives . . . we anticipate an overwhelming demand . . . and therefore, cannot guarantee to extend this offer beyond the next 30 days. Once they're gone, they're gone . . . and will then be available only through dealers, collectors, or at auction. To make sure you do not miss out on this once-in-a-lifetime opportunity, send the Priority Advance Reservation form immediately.

RESERVATION PROCEDURE

Reservations for this historic offer will begin being accepted starting tomorrow morning while every effort will be made to meet collector demand, all reservations can only be filled on the 30-day priority time-period described above, based on postmark date of your order. To avoid disappointment, ACT NOW!

(c) 1981 National Depository for the Arts, Inc.

Each and every coin **CERTIFIED BY EXPERTS** as authentic Ancient Coins minted by Imperial Rome!

IMPORTANT NOTE: While all coins in this collection are up to 2,000 years old . . . many collectors desire the oldest coins possible. The age of the coins you receive will be determined by the date we receive your order. Older coins will be shipped first. This is especially important if you intend to order several coins to pass on to your family as gifts and/or for their future heirloom value.

* (1981, Monetary Archives sale of Antiquities hoard not affiliated with any government agency.)

Fugitive ran six years — for nothing!

Clarence Coleman ran thousands of miles hiding from the police over the past 6 years — then found out the cops were never chasing him.

Coleman ran from town to town and country to country in his frantic bid to elude the law after he left Colorado without telling his parole officer in 1975.

"I haven't been in the habit of staying in any one place for more than three or four days or a week," he said. He worked as a street musician to support himself and traveled as far away as New Zealand.

Coleman, 33, decided to turn himself in one day in Eugene, Oreg. He said he became a Christian and God told him to go straight.

But incredibly, Colorado officials had never issued a warrant for Coleman. They said he'd come as close to serving out his time on a theft conviction that they just closed the book on him when he ran off.

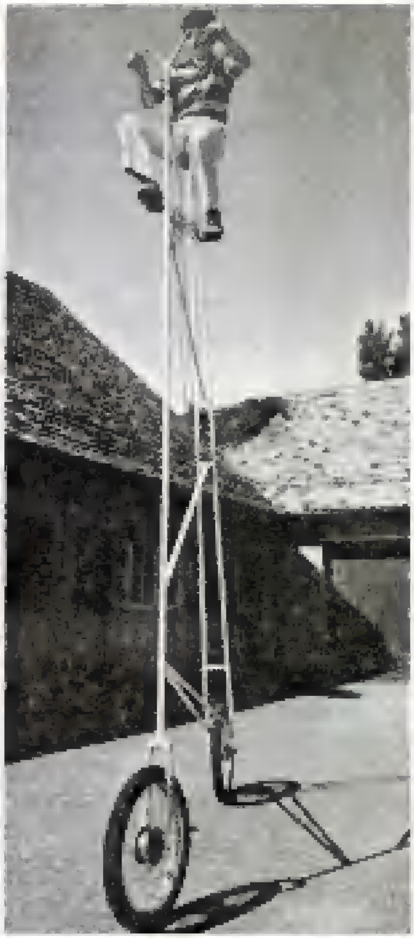
So Coleman had been running from nothing!

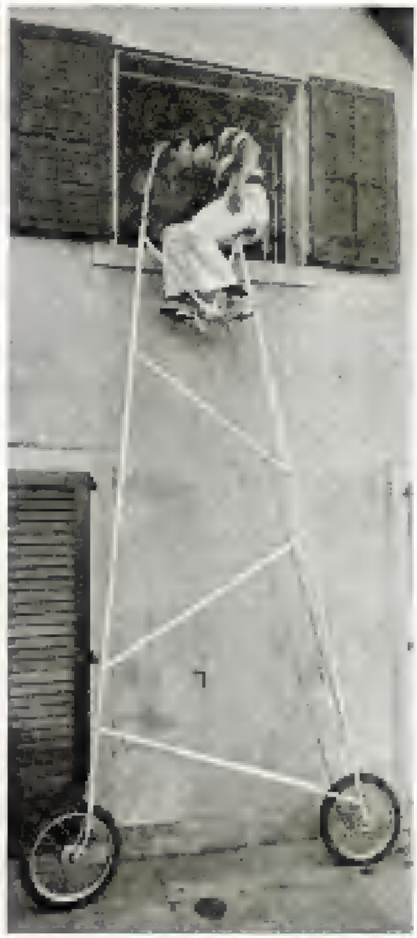
"I could have remained a fugitive for another 30 years," he said.

"It's the easiest thing in the world. You just walk across the street, part your hair on the other side and you're gone.

"But I couldn't do it. I've got to do what's right."

Tall in the saddle





Francois Gobello has the perfect solution for high-rise work — an amazing 15-foot-tall bicycle. Gobello went from building 6-foot models, above, to the sky cycle, right, for fun. The Aubonne, Switzerland, engineering student finds the incredible bicycle perfect for giving his girlfriend Lausanne a kiss — one story up!

Mom finds her son — after 20 years

By JOE BERGER

A tormented mom and her long-lost son were miraculously reunited 20 years to the day after a tragic twist of fate tore their family apart.

"This was the thing I wanted most in the whole world — to find my little boy again," Darlene Landrum told The NEWS during a joyous reunion at her home in Lufkin, Tex. "To see him after all these years is a true blessing, a gift from God. Nobody else and nothing else could have brought him back to me.

"It's really too good to be true."

Darlene last saw her son Jimmy two agonizing decades ago when she left her home in San Diego, Calif., and flew to Texas to have her third child.

Her daughter Debbie, 7, and her son Jim, 8, stayed in California with their dad.

"I'd had a miscarriage the last time I got pregnant," she recalled. "I could tell I was going to have a rough time of it and I didn't want to lose another baby so I went home to be with my mother."

Her life was shattered several weeks later when her husband called her and told her he was going to get a divorce.

He said he would send Debbie off to Texas but was going to keep Jimmy with him.

"A couple of weeks later, I called home and his sister said he'd gone away and taken Jimmy with him," Darlene said. "She said she had no idea where they'd gone.

"I wanted my baby back, but I was getting ready to have another baby and we didn't have any money. I just didn't know what to do. I was crushed."

The heartbroken mom gave birth to another girl, Angela, and set out on a painful 20-year search for her lost boy.

"I couldn't hire me a detective because I couldn't afford it, but I went to a bunch of lawyers — six of them," she said.

"Everybody said there was nothing they could do unless Jimmy came to Texas."

The troubled mother had no one to turn to, but she never gave up hope.

Darlene Landrum feels the reunion was a miracle.

and I know that someday we'd be together again — somehow we would," Darlene said.

"When you want something bad enough, it's never completely hopeless. Faith can do wonderful things."

As part of her desperate search, Darlene contacted Social Security officials. They told her Jim was alive and had been working for two years — but they weren't allowed to tell her where he was.

"Just knowing he was alive was wonderful news," she said, "It gave me new hope."

At the same time, Jim was looking frantically for the loving mother fate had taken from him. After failing to track his mother down through relatives, the bearded Portland, Oreg., trucker decided to call the records department at the courthouse in Lufkin.

"I didn't really have very high hopes," Jim said. "I figured she'd remarried and I didn't even know her last name.

"I was really shooting in the dark — and what happened was an absolute miracle."

When Jim called the courthouse, Melba Howard answered.

And when Jim told his story, Melba had thrilling news — she had known Darlene since they were kids and she knew just where to reach her!

"She said mom had been looking for me, too — and she even had her phone number," Jim said.

"It was one of the happiest moments of my life."

That day — exactly 20 years after his mother left San Diego — Jim telephoned her and they talked excitedly for an hour, planning a joyous get-together in Texas.

"All of this is totally unbelievable," Darlene said. "It's been so many years and now I have my boy back.

"I've never been so happy. You can't imagine the heartache I've had, but God made everything right."

"For ten bucks you can have the antidote."

I'm afraid that if my dog doesn't eat better he will get too skinny

Dear Pet Talk: My Joey is five months old, and is part German shepherd, part St. Bernard, so you know he will be a big dog.

He's not eating his food. I would like to know the best food you think he would like, because I love him and don't want him to get too skinny.

Lisa Eleven,
S. Philadelphia, Pa.

Dear Lisa Eleven: Puppies are easily distracted, so try to make sure that Joey has peace and quiet when he eats. Try feeding him small portions three times a day. Dog food manufacturers have spent fortunes in research to develop nutritionally complete meals, so your best bet for Joey is a commercial food, but not one that's just meat or meat byproducts.

Choose a brand that also has vegetable protein in it and is fortified with extra minerals and vitamins.

If Joey doesn't like dry food (my preference for most dogs), try him with canned or burger-type meals, but he'll need some hard food like kibbles for his teeth.

Add a half teaspoon of corn oil to his dinner once a day for his coat, and give him a raw egg yolk once or twice a week.

Make sure you aren't over-medicating Joey for fleas, too. Some sprays and flea collars can be just as much poison for a young pup, and can make the dog lose his appetite.

Cookie pup

Kling-Kling, a cute schipperke puppy, managed to get into a cookie jar at the home of Florence Harrison in Redondo Beach, Calif. Now she has to figure out how to climb out of the trap.

My cat licks itself whenever I pet her

Dear Pet Talk: We have a long-haired cat that continually grooms itself after one pets it.

The vet gave her a shot for eczema, but says he isn't sure what's wrong.

Preener,
Oklahoma City, Okla.

Dear Preener: Boredom can cause a cat to groom itself excessively. Licking the fur is also an important displacement gesture; in other words, grooming is taking the place of some other activity, perhaps roaming or furniture clawing.

A long-haired cat needs to be combed and brushed by its owner once a day, every day. This will bring natural luster to the fur.

Try a spray-on protein conditioner which will help eliminate dry flakes. Helping your cat's coat stay healthy will probably cut down on the amount of time kitty spends preening itself.

Where can I find kitty deodorizer?

Dear Pet Talk: I've been unable to find the pet odor neutralizer Nilodor that Pet Talk's recommended. About 30 years ago I used a product called Nil that was excellent, but haven't seen it on the market place.

Long Ago,
Saginaw, Mich.

Dear Long Ago: I have found Nilodor in several pet stores. If it's not carried by your pet shop, you can ask them to order it from: Nilodor, Inc., 7340 Freedom Avenue, N.W., N. Canton, Ohio 44720.

Why did my poor bunny rabbits die?

Dear Pet Talk: In the past two years, I've had two rabbits. Both have died of the same illness — hutch lush. What is this and how can I prevent it?

Baffled,
Mill Hill, Pa.

Dear Baffled: Your rabbits suffer from owner neglect.

You've let flies build up and breed in your rabbit's cage, so I suspect your poor bunnies had hutch burn, which comes from allowing them to live in a cage that remains dirty.

Do any of these symptoms describe your condition?

Unknown Fears • Fright for No Apparent Reason • Shortness of Breath
Inability to Function Normally • Housebound • Anxiety Attacks

IF SO . . . YOU CAN CONTROL YOUR ANXIETY ATTACKS AND CONQUER YOUR FEARS

There are millions like you — millions who have the same symptoms — millions of creative and sensitive people whose potential for enjoying life to the fullest is held in check by the malady — agoraphobia. Agoraphobia is not a mental illness and sufferers are not irrational people, but rather victims of a "fear cycle". The Agoraphobic, once symptoms are initiated, cannot calm down, but becomes enveloped in a "cycle of fear" with persisting panic rising and falling in varying degrees on a daily basis, sometimes for the rest of their lives.

Wanting desperately to function normally, the agoraphobic goes from doctor to doctor seeking an answer only to be repeatedly told, "Get hold of yourself" or "It's only your nerves". Often drugs are prescribed that may alleviate some of the symptoms but will not alter the basic distress.

Now for the first time the millions who suffer daily from the anxiety-fear syndrome can be taught:

- how to control their symptoms when they strike
- how to ease feelings of panic
- how to alleviate anxiety

The Maze: Anatomy of An Agoraphobic is the true story of one woman's desperate struggle to conquer her agonizing fears and to understand the strange malady that controlled her life. **The Maze . . .** is an emotional experience . . . an experience that must be shared. **The Maze . . .**

- Reveals the secrets that will enable you to conquer your fears
- Discloses the basic principles that will enable you to regain full control of your own life.

Classic Case Study Unraveling the Mysteries of the Anxiety-Fear Syndrome

After reading **The Maze . . .** you will understand

- How to relax the body and relieve tension
- How "flooding" helps you to control anxiety
- How nutrition affects the way you feel
- How "positive conditioning" controls your fears
- HOW TO FIND THE ROAD BACK

DREAD for no apparent reason — FEAR you cannot control — ANXIETY preventing you from being the person you want to be — THERE IS AN ANSWER. We urge you to take this opportunity to begin freeing yourself from the devastating effects of fear and anxiety. You will never regret this investment in your future happiness.

Please send me _____ copies of THE MAZE: ANATOMY OF AN AGORAPHOBIC at $10.95 each (Add $1.50 for postage and handling. Total $12.45. Ohio residents add 6% sales tax.) Check or money order enclosed.

NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

MAIL TO: International Publishing Corp.
BOX 2707
North Canton, OH 44720

Satisfaction Guaranteed or Return for Full Refund.

Perched on a pal

A baby starling named Oscar gives his pal Mike Sara, 11, a love peck on top of the head. Oscar flies around the neighborhood in West Islip, Long Island, and lands on any human available. Mike's family feeds the lucky bird steak and eggs and even gives him baths under the kitchen faucet.

Daffy dog eats brass padlocks — 7 of 'em

By JOE BERGER

Pet-lovers Jan and Chuck Huthmacher were baffled when the padlocks started to disappear from their puppy's cage — until they discovered the dog had swallowed seven of the heavy brass locks!

A stunned veterinarian operated on the playful Labrador retriever named Rascal and removed the huge locks one by one, leaving the hearty pooch healthy and happy.

"It just blew my mind," Carbondale, Ill., vet Dr. Leon Striegel told The NEWS. "Never in the history of medicine has any doctor removed seven padlocks from anybody or anything.

"It's utterly incredible — I might not believe it if I hadn't seen it."

The Huthmachers, who own a kennel near Carbondale, believe the year-old Lab had been gulping down the locks for the past six months.

"Our caretaker told us the locks would disappear when she left them unlocked on the fence while she cleaned his cage," Jan said. "We didn't know where they were going, but we didn't pay much attention."

Then the kennel worker told Rascal's owners she thought the animal was eating the locks.

"We decided to take Rascal to the vet for a checkup, but mainly we just wanted to shut our caretaker up," Jan said.

"We were convinced there was no way that dog could swallow a lock.

"And besides, the dog had never been sick in his life. He was bounding around and he never missed a meal."

But Dr. Striegel checked the X-rays of Rascal's tummy, and he immediately spotted five of the locks knocking about inside.

The amazed vet found the other two locks when he cut the pup open.

"He must have had a real stomachache — but he just couldn't tell anybody about it," Striegel said.

Striegel figures that Rascal, intrigued by the shiny metal, chewed the open locks around in his mouth until they snapped shut, then swallowed them. All seven locks were closed when Striegel removed them from the dog's stomach.

The rugged Rascal is home now and seems to have no ill effects from his ordeal with the padlocks and the doctor's knife.

"He's eating like crazy and running around like a maniac, just like before," Jan said.

"It's utterly incredible," said Dr. Leon Striegel after removing these seven locks from Rascal's belly. His assistant, at right, was just as stunned as the vet.

Fortune Teller

ORIENT
2 3 4 5 6 7

WHAT is your secret message from the Orient this week? It's easy and fun to decipher. Here's the key to decoding your message: If the number of letters in your first name is 5 or less, subtract that number from 7. If there are more than 5 letters in your first name, subtract the total from 13. Now take the result and find your key letter in the word ORIENT above. Starting at the upper left corner of the box below, check each one of your key letters as it appears from left to right. The letters below each of your key letters spell out a coded message for you:

T	E	R	I	N	O	N	R	E	I	C	T
v	m	t	r	w	t	o	o	i	e	h	a
O	E	R	I	N	T	T	E	I	R	N	O
a	n	p	f	r	l	u	d	r	d	K	u
I	T	O	N	E	R	T	O	I	R	N	E
e	s	g	f	e	r	b	h	e	s	o	x
R	O	S	E	T	A	O	T	E	N	R	I
w	t	r	h	l	e	f	e	p	q	r	i
R	O	O	T	E	N	I	R	T	N	E	I
p	o	l	s	e	u	n	e	d	s	n	g
N	I	E	R	T	O	R	I	N	E	T	O
l	n	z	r	v	m	s	e	i	i	i	i
T	S	R	O	R	I	N	E	R	O	I	T

PUZZLE CORNER

KIDS' QUIZ

When asked his age and that of his wife, a man said: "If I were one year older, our combined ages would total 100 years. My wife is 3 years younger than I am." How old is each?

TELEVISION QUIZ

"Laugh-In" was one of the most popular TV shows of the 1960s. Do you remember?

1. Who were the hosts of "Laugh-In"?
2. What "award" was given each week on the show?
3. Who said "verrry interesting" on the program?
4. Who was the "sock it to me" girl?
5. What U.S. President came on the show?

WORDMUDDLE

This week's Wordmuddle contains the names of 23 states. We've started you off with TENNESSEE. The words may be read

P	O	E	L	A	W	A	R	E	S	I	L	A	I	N	I	G	R	I	V
E	O	T	G	L	I	S	A	S	N	A	K	R	A	E	K	O	W	L	R
N	R	A	E	F	R	O	K	F	O	T	A	S	I	W	R	E	T	L	I
N	E	S	O	U	T	H	C	A	R	O	L	I	N	A	O	S	A	J	G
S	G	X	R	O	S	I	A	D	T	M	O	O	I	A	Y	A	H	R	T
Y	O	A	G	A	T	O	L	W	I	S	U	H	G	S	W	M	D	O	N
L	N	M	I	L	E	A	Y	S	A	S	B	A	R	N	E	O	N	I	A
V	A	L	A	N	X	D	S	C	N	I	N	D	I	A	N	A	I	S	T
A	L	A	S	K	A	I	D	T	E	P	I	I	V	E	G	A	N	S	U
N	E	B	R	A	S	K	A	E	T	P	V	I	T	E	N	I	A	K	C
I	B	W	E	S	F	N	S	N	E	E	R	S	S	Y	I	N	G	L	I
A	M	A	I	A	U	Y	G	N	S	U	S	L	E	C	M	E	I	O	T
A	L	P	E	L	C	T	T	E	O	R	R	U	W	H	O	M	H	U	C
D	F	A	N	D	N	A	L	S	I	E	D	O	H	R	Y	J	C	I	E
I	O	M	B	F	I	P	S	S	W	A	S	H	I	C	W	E	I	S	N
R	C	E	H	A	E	I	T	E	S	C	A	V	A	L	A	R	M	I	N
O	R	N	T	I	M	S	R	E	T	R	S	R	S	T	R	S	K	A	D
L	U	I	S	O	I	A	O	B	N	L	N	E	J	R	U	E	S	N	C
T	W	A	S	H	I	N	G	T	O	N	A	L	B	X	E	Y	B	A	S
E	O	M	D	O	C	A	C	A	T	O	K	A	D	H	T	R	O	N	M

Alabama, Alaska, Arkansas, Connecticut, Delaware, Florida, Georgia, Hawaii, Idaho, Illinois, Indiana, Iowa, Kansas, Louisiana, Maine, Massachusetts, York, North Dakota, Ohio, Oregon, Pennsylvania, Rhode Island, South Carolina, Texas, Utah, Virginia, Washington, West Virginia and Wyoming.

Movie hero Harrison Ford flunked out of college and lucked into a big acting career

By PATRICIA HEWIN

Rough, tough and with a sense of humor is the way Harrison Ford played Indiana Jones in "Raiders of the Lost Ark."

Hollywood's slickest swashbuckling hero since Errol Flynn, Harrison Ford, was a college dropout who lucked into an acting career.

The hero of "Star Wars" and "Raiders of the Lost Ark," packed up and headed for Hollywood with his college sweetheart wife 18 years ago after flunking out.

He picked acting as a career because he was too rebellious to buckle down to a regular daily job.

"I slept through my entire senior year (at Wisconsin's Ripon College)," he told The NEWS. "Three days before graduation, they refused to give me a degree in engineering so I knew I had to do something fast.

"I'm an actor because I never wanted a 9 to 5 job. I couldn't see myself punching a time clock until I turned 65. I don't like structured situations like that because there's no challenge, no variety."

Hollywood didn't welcome Harrison with open arms. In fact, he was signed to a $150 per week contract by Columbia Pictures as a fluke.

Harrison went in to be interviewed by a studio head. The man just took down his name and dismissed him with hardly a look. The down-and-out actor was leaving the building, but stopped into the men's room for a minute.

Suddenly, an assistant burst in and told Harrison that the studio head wanted to see him. Apparently, they needed an extra for a film in a hurry. So he was signed to a contract.

But this wasn't his lucky break. Harrison refused to knuckle under to the system which required him to attend social events and date starlets.

His first part was as a bellhop in a hotel. After shooting, another studio exec took him aside and told him that he didn't have what it took to become a star.

Harrison lived on bit parts in movies and TV shows until he figured that he'd had enough. Then he quit and became a carpenter which turned out to be a pretty good living.

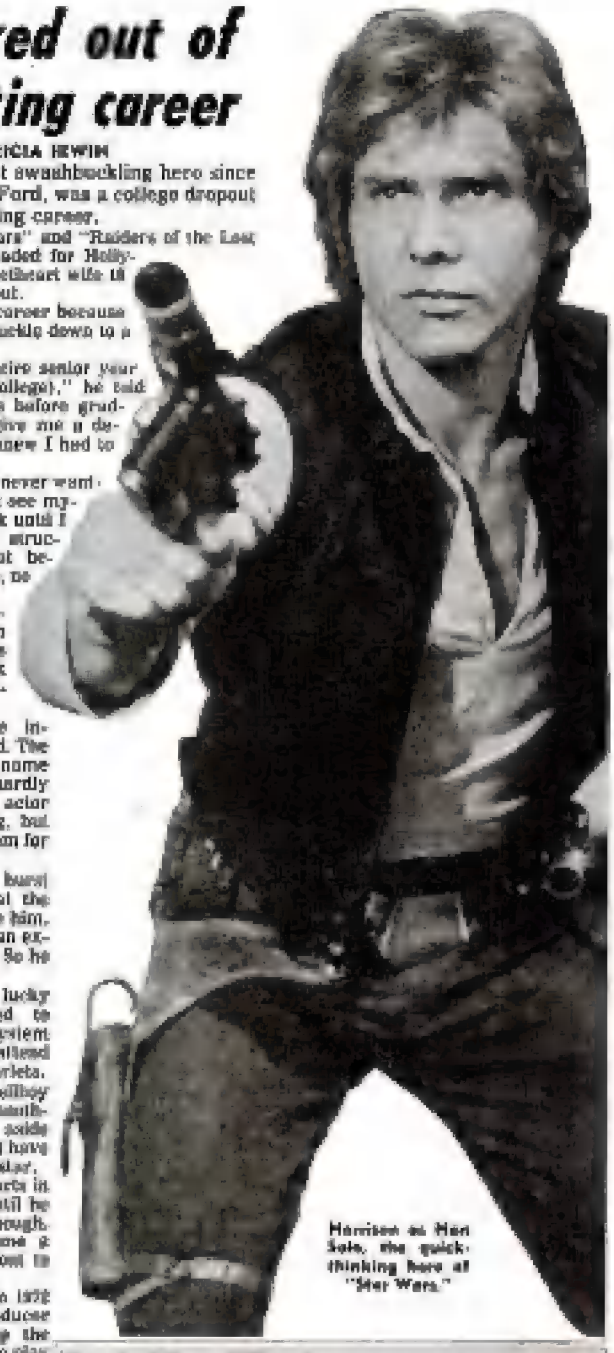
His next break came in 1972 when "Star Wars" producer George Lucas looked up the carpenter and hired him to play the part of a teen drag racer in "American Graffiti."

Five years later, his big break came. Lucas remembered Ford and cast him as "Star Wars" hero Han Solo.

The astonishing success of that movie made him rich and famous. Still, Harrison's latest success in "Raiders" was another stroke of luck.

Lucas, who also produced "Raiders," wanted to star TV's "Magnum," Tom Selleck, in the part of Indiana Jones, but Selleck was tied to his series. So as an afterthought, the producer signed up Harrison.

Despite his new success, Harrison's private life took a fall. Three years ago, just as his star was rising, he and his wife divorced. He still spends much of his non-working time with his



Harrison as Han Solo, the quick-thinking hero of "Star Wars."

Karate champ gives thief a beating instead of booty

A would-be burglar was overjoyed when police arrived and saved him from the flying feet and fists of the house's owner — a karate champion.

The burglar thought he had it made when he entered the empty home of Roger L. Jones of Asheville, N.C.

While he was searching for loot, Jones returned. The man told Jones he was a television repairman, but then he made his big mistake.

He lunged at Jones with a 15-inch screwdriver and then all hell broke loose.

and punches with lightning speed that had the man dazed and bruised from his head to his feet. Then he called police.

"He kicked him right out of his shoes," chuckled a police spokesman. "He was bruised from his head to his toes. Even his knees were skinned from trying to crawl away."

Police were stunned when they arrived and the burglar thanked them for coming.

Jones said he tried not to hurt the man seriously.

"I just warded him off," he said.

How to make others secretly DO YOUR BIDDING with the astonishing power of AUTOMATIC MIND COMMAND!

Here's how to get started in just 3 minutes . . .

Dear Friend!

New power is about to leap into your life . . . an astonishing way to control the thoughts and actions of others without them knowing it . . . no matter how much they may not want to follow your instructions, they carry them out to a "T" every time!

With "Automatic Mind-Command" you'll be running the show. Make a wish, turn on The Power, and watch those around you drop everything and do what they're told.

And nobody will even have the faintest idea that you're behind it all. That's the beauty of "Automatic Mind-Command"—you are the only one who knows what's going on—you alone decide when things should start . . . stop . . . change around.

CONTROL YOUR FRIENDS OR STRANGERS!

You can use it to control your friends or strangers, one at a time or in large numbers, at any time, and ANY WAY YOU LIKE.

For example: You go into a bank for a loan. The credit man smiles but says "Sorry. You don't qualify for a loan right now: however, if there's anything else I can do for you, I'd be glad to . . ." Then in a flash, his tune changes when you let loose your "Automatic Mind-Command." He continues, "In fact, we'll be glad to give you $1,000 more than you asked for. And any time you want more, just see me personally! Thank you so much for coming by!"

Impossible? You'll be doing things like that every day without even thinking about it. As soon as you send something down, it's done! The people who do these things for you will remember what they did, but not why!

FUN POWER—TOO!

You can have a lot of fun with this power, too. Look how Evelyn C. used it at work . . . One day, while sorting papers, her boss angrily inquired why she had to make so much noise—and scolded her in front of everybody. Evelyn said nothing, but smiled to herself—for she had just turned on the "Automatic Mind-Command . . ." Suddenly the boss apologized for being a scoundrel, "Please . . . I'm sorry," he said, in front of everybody. "I'd like to make it up to you!" And he told her what a wonderful person she was! When Evelyn turned the power off, the boss just stood there with an open mouth, wondering what made him say all those things.

Think what this power can mean in your life. You need money . . . and it's there! You want some affection . . . you'll be smothered! You want peace and quiet . . . the world stands still!

NO MORE SECRETS WILL BE KEPT FROM YOU!

People who think they can hold back the facts will meet their master in you! You just dot a little "Automatic Mind-Command" at them, and they'll sing like meadowlarks . . . Nora J. was at her wits' end when she tried to find the money she'd put aside to pay the rent—it was gone. A frantic search through the house turned up nothing. There was only one possibility left . . . she asked Billy. A look of surprise crossed his face. No—he hadn't seen any money. But Nora didn't believe him, and started using "Automatic Mind-Command" to find out if he was telling the truth. Suddenly Billy reached into his pocket and took out a roll of money. After giving her the money, he acted as if nothing had happened!

Think how many secrets must be hidden all around you! Things your spouse won't tell . . . your neighbors won't say . . . your boss keeps quiet about . . . ALL BROUGHT INTO THE OPEN JUST FOR YOU!! They'll tell you all their secrets, but they won't know why.

Hold on now, because I haven't told you yet about the best part of "Automatic Mind-Command."

You may have to bolt your door to keep people from overwhelming you with love, gifts, favors, rewards! Perfect strangers will be walking up to you and asking, "How are you? Can I do anything for you?" They will never suspect that "Automatic Mind-Command" is impelling them to like you, please you . . . and automatically want to help you.

INSTANTLY YOUR LIFE IS CHANGED!

At first, I couldn't believe it. And yet I know this to be true from my own personal experience . . . time after time. For example . . .

A STRANGER HANDS HIM $500—Harry G., a low-paid factory worker, wanted to start a business of his own. All he needed was cash to get started, but no one would give him the money. Finally someone told him how to use "Automatic Mind-Command"—and Harry laughingly tried it. A short time later, a perfect stranger handed him $500—saying he'd heard about Harry's plan, and was eager to help him get started!

Unusual? Not at all . . . things happen every day with "Automatic Mind-Command."

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HOW TO GET STARTED IN JUST 3 MINUTES!

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Minute #2—When you receive a package in the mail from us, open it.

Minute #3—Lift the front cover, and let the secret seal itself in as your mind automatically.

After that, sit back, relax—and see how this power can work for you. It's as simple as that! It won't cost you one penny unless it works!

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MORE AMAZING CASE HISTORIES!

And it's all left minutes away!

Larry S. wanted to see his girlfriend—although he had no idea where she was—and no way of contacting her by letter or phone. From far away . . . he began using "Automatic Mind-Command!" In that instant, his girlfriend knew what she had to do. She dropped what she was doing, caressed herself and hurried to visit him. Arriving at record time—she hugged and kissed him, explaining that "something" told her he wanted and needed her, and what could she do for him?

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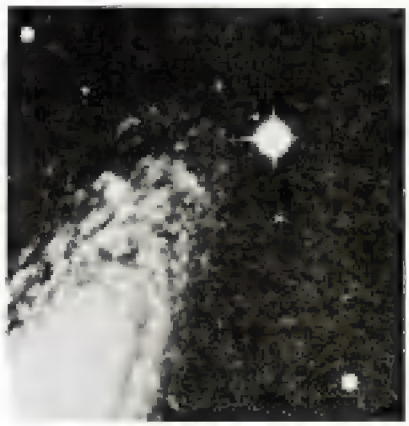
YOURS TO PROVE—AT OUR RISK!

So you see, life can be beautiful with "Automatic Mind-Command." To discover the amazing power let it put you on the road to a NEW LIFE . . . filled to the brim with riches, love, pleasure, and all the wonderful luxuries of the world . . . and more! You owe it to yourself to try it! Why not send in the No-Risk Coupon—TODAY!

Sincerely yours,

Scott Reed



ABOUT THE AUTHOR

Scott Reed is one of the nation's leading mind-power experts. Presently engaged as a writer on developments in the behavioral sciences, his revelations about the unseen world of the mind have been read by millions. A graduate of the City University of New York, his own life is living proof of "Automatic Mind-Command."

A Master Researcher, Metaphysician, and Psychic Advisor, he has helped countless men and women find true happiness. He has the rare ability of writing clearly and simply so that even the most profound Truths can be plainly understood by anyone.

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Rear-end collision

The little mountain goat on the right was taking in the view from his favorite rock when his buddy decided to "butt" in. There was quite a spat after this rear-end collision. But all turned out well and the two decided to make up and enjoy the scenery.

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You can save money on no-frills travel, clothing and cars — so why not groceries?

You can. The lower-priced generic food products can save you a bundle on your next grocery bill — and nutritionally they're just as good as the name brands.

Look for these budget-saving foods in plain packages with black and white labels on unspecially marked shelves at the supermarket.

Here are some recent name brand offers that will save you money, too.

Tuna Manía, Ralston Purina Company, P.O. Box 14528, Belleville, Ill. 62224. (Use this address to request the required store form. Requests for forms must be postmarked by Jan. 31, 1982.) For a coupon for bread, eggs, lettuce and mayonnaise — value $3.50, send 24 Chicken of the Sea tuna labels and your cash register receipt with the prices circled. For a coupon for bread, eggs and lettuce — value $2.30, send 18 labels plus receipt. For a coupon for bread and eggs — value $1.51, send 11 labels and receipt. For a coupon for bread — value 62 cents, send 6 labels and receipt. Offer expires Feb. 28, 1982.

Del Monte Lite Guarantee, P.O. Box 9422, Clinton, Iowa 52736. For purchase price of Del Monte Lite Fruit refunded, first compare Del Monte Lite Fruits with another Lite fruit. If you don't agree that Del Monte Lite tastes better, send your cash register receipt along with both purchases circled and your labels from Del Monte Lite and a competitive brand. No form. Offer expires Jan. 31, 1982.

Air-Pillo Inside Cash Refund Offer, P.O. Box NE 940, El Paso, Tex. 79977. To receive 50 cents, send the large "Dr. Scholl's" name from the front of two Air Pillo insole packages. Offer expires April 30, 1982.

GE Super Saver Refund, P.O. Box 698, Berlin, Conn. 06038. For $1 plus a bonus refund coupon, send your name and address and zip code on a 3 x 5 card. Enclose proof of purchase and product name from package back of any GE FlipFlash II or FlashBar II Twin Pack. Store form not required. Offer expires Jan. 31, 1982.

Hershey's Real Chocolate Chips, $1.00 coupon offer, P.O. Box 1801, Winston-Salem, N.C. 27102. For a $1 coupon, send two net weight statements from the front panel of either 12-oz. Semi-Sweet, 12 oz. Mini-Chips or 11.5 oz. Milk Chocolate (Hershey's Real Chocolate Chips). Store form not required. Offer expires Jan. 31, 1982.

Hershey's Hot Cocoa Mix, $1.00 Refund Offer, P.O. Box PM 333, El Paso, Tex. 79998. For two 60-cent coupons, send the universal product code from two 12-envelope boxes or the symbol from one 12-envelope box and a tracing of the product code from a one- or 2-pound can of Hershey's Hot Cocoa Mix. Offer expires Jan. 31, 1982.

Refunding is simple if you only know what the companies are offering. For a list of 500 refund offers, send $1.31 to Listing, c/o Mitzi Eades, Box 820, Lake Dallas, Tex. 75065.

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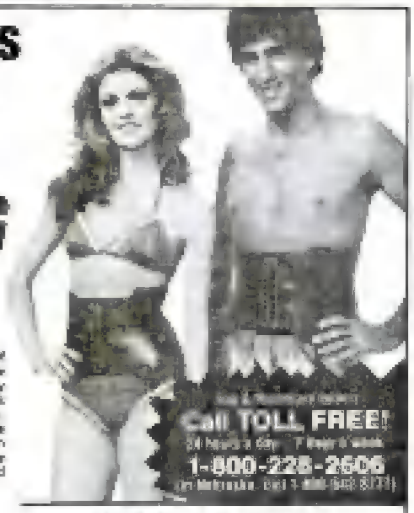

Let Us Take The Risk!

Use the Shrink Wrap System to reduce a combination of your waist and hips, FAST! Just fill out the coupon below and consider your check for 30 days from today! You'll pay nothing now (not for 30 days!), but we will send your Shrink Wrap System RIGHT away. Use it. Watch inches disappear. If for any reason, you are not delighted, send it back. We will return your check or money order, UNCASHED! Even if you send it back later, we'll still refund your purchase price. Over 150,000 satisfied customers make us bold enough to make this super guarantee!

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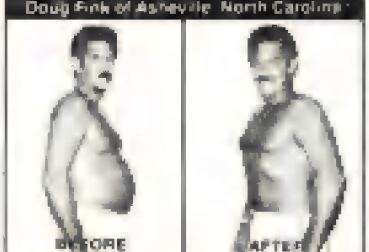
Doug Fink of Asheville, North Carolina



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World's tiniest library

Louis Bondy is the biggest man in the strange world of collecting tiny books — he has the world's tiniest library.

At right, Louis holds a child's Bible published in London in 1728. The tiny book, smaller than a matchbox, is complete in every detail and requires a magnifying glass to read.

Above are some of Louis' tiny antique books — and a matchbox to show their relative size. At left, is a London Almanack, first printed in 1690 and updated through the years. It contains information on the British royal family, government and foreign sovereigns.

Louis says that for a book to qualify as a miniature it must be less than three inches long — and he has many in his collection that are less than one inch. All are carefully and professionally bound, just like full-sized, expensive volumes.

Louis, who runs an antique book shop in London, is considered the world's foremost expert when it comes to miniature books.

Gutsy man beats crippling disease to become a doctor

By DICK DONOVAN

Gutsy Clark Smeltzer has a nerve-crippling disease and spends most of his time in a wheelchair — but he's achieved his lifelong dream of being a doctor!

But while in his third year of medical school, multiple sclerosis almost turned his long-cherished dream into an unreachable fantasy.

Though Smeltzer was forced to give up the idea of eventually taking over his father's surgical practice, he is now a respected member of the staff of the town hospital in Centre, Ala.

While he moves about using a walker, it requires too much of his energy. And energy, for a victim of MS, must be conserved.

"By expending the same amount of energy, I am able to see only half as many patients a day as a general internist can," the 38-year-old physician told The NEWS.

"But I feel I give quality care. In fact, I spend more time with each patient than most physicians do — much of it just listening, which seems to be one of the things most lacking in patient care today."

At eight sharp each morning, Smeltzer's car arrives at the hospital and at the sound of his horn, a wheelchair is quickly pushed out to him.

He wheels down the corridors on his daily rounds, visits each patient with friendly chats and the answers to their worried questions. He consults with the staff, then is out to his car and on his way again.

A few blocks from the hospital, he is in his office. Instead of his moving from one treatment room to another, as most physicians do, his patients come to him.

"Actually, having MS has both its positive and negative points patient-wise," he said. "In our small town and the surrounding area, most people either know me or know of me, which means that they are all aware that I have multiple sclerosis.

"When someone isn't aware of it, I immediately make it known because I have obvious balance problems. I don't want them to think I'm working under the influence."

Energetic, athletic, outdoorsy and a junior state champion trap shooter at 13, Smeltzer had always taken his agility and good health for granted. But even in high school, the terrible disease was doing its crippling work.

"The football coach noticed it first when I was in my senior year," he explained. "He told me, 'You're not playing as well as you did last year. Your reflexes aren't as fast.'

"But I put it out of my mind and really forgot about it. Then, when I was 24, I was bothered by excessive tiredness. But I thought it was because of some personal problems I was having."

When he finally learned the devastating truth, he was 33 and married to Mississippi-born nurse Beth Fitzpatrick, his second marriage.

He has two children by his first wife and one — Amanda — by Beth.

"My condition makes for greater empathy in a doctor-patient relationship," Smeltzer said.

"Yet, sometimes the patients hesitate to discuss their problems with me because they feel their problems aren't as serious as mine."

But Beth, who works afternoons in her husband's office, knows exactly how most his patients feel about their favorite physician.

"Patients often stop and tell me what a lucky person I am to be married to Clark," she said. "They tell me, 'He's so understanding. He really hears what you're saying. Not many doctors — or people for that matter — do.'

"And they're right. He is special. He not only listens, but he also hears — and cares."

Flipped out

Yuka, left, a 4,500-pound killer whale and little Vicca, a 1,500-pounder, flip out of their pool and onto the patio in a marine show in Redwood City, Calif. The sea creatures seem to enjoy dry land just as well as the icy water home.

GIANT HOROSCOPE

by Mickie Dahne

ARIES

Mar. 21-Apr. 19

With the holiday season fast approaching, you'd better forget those dreams of faraway places for now and turn your attention toward home and family. Otherwise, charming Aries, you'll wind up with a zillion things left to do at the last minute. Remember last year?

With your energy, you can accomplish lots this week and still have strength to spare for entertaining.

TAURUS

Apr. 20-May 20

You may have to cut corners now to get the most pleasure out of the holidays, Taurus, as you'll want to decorate the house to the hilt, bake goodies for neighbors and still be able to choose the gifts you'd like to give. Shop carefully or you'll feel the pinch later.

As an important project finally reaches its conclusion, you celebrate quietly with close friends.

GEMINI

May 21-June 20

Conserve energy this week or you'll be bushed over the holidays when your social calendar is full and you're wishing you felt bubbly and bright. Listen, Gemini, others will understand if you say "No" for once to their requests for time and advice.

Try to include family members in your plans now. Let the kids help bake the cookies, make out the gift lists and choose the tree.

CANCER

June 21-July 22

Home-loving Cancer, this is your favorite time of year, so make it the best it can possibly be by showing all the warmth and affection you so often hide. Thumb through old scrapbooks together with one you love, take lots of pictures, accentuate the positive and wear a cheery smile.

Unmarried Cancers can take a gamble now on love, but single or married, avoid risks at work.

LEO

July 23-Aug. 22

You get a breather now, Leo, while someone else shoulders the responsibilities for a while and no one knows better than you how badly you need the rest. Use spare time wisely, not only for accomplishing goals, but for relaxation and quiet moments.

You'll be in a fine mood once you've had a brief respite from the steady grind and don't be surprised if you're the life of the party.

VIRGO

Aug. 23-Sept. 22

You break out the champagne and kick up your heels — something you've wanted for a long, long time is finally yours! All your hard work and steady patience paid off and you deserve every word of congratulations you get.

Celebrate in your heart's content and spread the good cheer wherever you go. A family reunion could be a delight now and your personality shines!

LIBRA

Sept. 23-Oct. 22

While everyone else is getting set for the holidays, you may be thinking of something quite different, Libra. Perhaps this is the right time to make that job move you've been thinking about.

Update your resume and send it off or talk to job superintendents, boss or whomever you think will appreciate your talents for their true value. And try to be patient — this is an important decision.

SCORPIO

Oct. 23-Nov. 21

You're so good at hiding your real emotions and keeping secrets that now you're surprised to find others don't understand you. Sit down with mate or loved one and discuss feelings openly and honestly — how can they know how you feel if you're only shedding light on half the truth?

Once air is cleared, you're ready to enjoy the pre-holiday festivities.

SAGITTARIUS

Nov. 22-Dec. 21

Your birthday cycle is in full swing and so much energy is coursing through your veins you don't know what to do first. Make a list, stick with it, even if it means ignoring a party or two — there will be more. Then, you'll accomplish all you're capable of, Sagittarius.

A brief confrontation may leave you feeling slighted, but perk up. It blows over quickly and all is better than before.

CAPRICORN

Dec. 22-Jan. 19

Your mood is sunny as the holidays approach and you find yourself smiling at strangers and silently wishing them good cheer. Let others show you the closeness they feel and often fear to display. Capricorn, and you'll respond with warmth that matches their affection.

Arrange schedule so holiday shopping, decorating and card sending is out of the way

AQUARIUS

Jan. 20-Feb. 18

You're caught up now in a strange and quiet reverie, Aquarius, mulling over the events of the past year and trying to measure your progress against your goals. If you discover you didn't do as well as you hoped, don't wait for New Year's to make resolutions. Start now and stick to your guns.

Don't ignore your physical condition as you busily pre-

PISCES

Feb. 19-March 20

You may need the balance of a gymnast to handle all the turns this week, Pisces. Move cautiously, but directly, trying not to get sidetracked by your own self-doubts, and you'll wind up right on course.

Accentuate the good and the positive, drive negative thoughts out the window with a good kick and don't be afraid to show the emotions

This week's birthday

DICK VAN DYKE
DEC. 13, 1925
SAGITTARIUS

Dick Van Dyke, the comedian loved by children and adults alike, will be 58 this week. He was born under the sun sign of Sagittarius.

His chart shows he's a talented actor and comedian with a strong business sense as well. With his moon and two planets in Scorpio, he loves to express his emotions and acting is a natural medium for him to do so.

He has never had much trouble with stage fright and rarely fears a large audience. Talking and performing in front of large groups of people has always been easy for him.

With his sun and Mercury in Sagittarius, Dick has a fine sense of humor and loves the absurd. The Sagittarius influence endows him with a kind of slapstick style with grand bumbling gestures that he handles expertly. Slipping on a banana peel is very much his forte and genius in this field.

With his excellent business sense, he knows that the darker side of his humor would never have made him a sought-after talent. But the Sagittarius influence does make him ponder death and he probably has quite a morbid comedic side to him that only his close friends and family will see.

His business talent comes from Jupiter in Capricorn and makes Dick a very wise man in the ways of the world. No matter how many "breaks" came his way, he was the mastermind behind them all. He is not a man to take his chances and depend on luck to succeed.

With Uranus in Pisces at the time of his birth, Dick has also been gifted with psychic abilities. He has excellent "healer" qualities which means he could focus his energies to heal the sick merely through touching them with his hands.

Astro Match Ups

By Skip Fickling

Leo male — Taurus female

When Leo male meets Taurus female her even, steady temperament will be all that keeps this Match Up from being a roller coaster ride. He comes on so strong that she might still be fumbling around looking for a program long after he's finished his act and moved on.

He loves to be the center of attention, but underneath all that joking around he's a very serious fellow indeed and that part of him appeals to the serious Taurus women. But if his playful moods strike her as phony, she'll be the first dropout in his audience. He may just be too much the actor for her basic tastes.

She doesn't like to overdo — he overdoes everything. He can spout like a playful whale in the ocean, being bitterly tactless one minute and a wily diplomat the next.

Yet she may find the puzzling Leo with his sometimes selfish, sometimes kindhearted ways a tantalizing challenge to her enormous capacity for shouldering problems. He is easily shaken and needs a comforting arm, embrace or word. She can provide all these and more. Her foundation is so solid she can ease his frustrations and help him build a solid future for both of them.

In this case, it's all up to her and this Match Up could go a long, long way if she manages to zero in on his arresting, complex soul beneath all that flamboyance.

This is a very good Match Up ranking 48th out of a possible 144 combinations.

For an analysis of any relationship, send two m/f birthdates, a stamped, self-addressed envelope and $3 for a three-page or $5 for a six-page analysis with all 144 ratings to Match Ups, 490 Hillridge Drive, Laguna Beach, Calif. 92651.

Auto-accident plagued lawn is . . .

America's most dangerous yard

In two terrifying years, hundreds of speeding cars, trucks and buses have crashed violently into Charles and Betty Baum's action-packed front yard — the most dangerous yard in America!

The horrified homeowners have counted an incredible 32 smashups in front of their house during a single hour. Two people have been killed and an untold number hurt on their lawn.

By IRVING PARK

"It's gotten so bad living here that every weekend we go away just to get relief from the accidents," said Charles, 57, a retired military security officer.

"We've tried to sell the house but nobody in their right mind would live here.

"It's like living in front of the muzzle of a loaded cannon. Our lives are in danger here."

The couple's two-story house sits at the end of an Essex, Md., expressway, where fast-moving cars have to make either a sharp right or a sharp left onto a narrow street.

The murderous intersection is partly hidden by a small hill and many luckless drivers never make the turn.

The danger is so great that when Charles mows his lawn, Betty has to stand on the porch as a lookout.

"When it looks like the coast is clear and no one is going to come zipping into the front yard, I wave and he races across the lawn with the mower to the other side," said Betty, 52.

"Then we wait again until I think it's safe and I wave him back the other way.

"It's ridiculous, but he's had to run for his life a couple of times."

Before he can begin mowing, Charles has to rake up the bits and pieces of cars and trucks that have landed on the lawn since the last mowing.

"I've got a garage full of hubcaps, mufflers, tailpipes and other parts left over from accidents," he said.

The first crash rocked the Baums' quiet life just days after the busy freeway opened two years ago. A giant dump truck slammed into the yard and flipped over, spilling 16 tons of hot asphalt on their lawn.

"When the owner came, he had them shovel it on our dirt driveway and roll it out as sort of an apology," Charles said. "We ended up with a paved driveway."

After that, accidents kept coming — including a second truck that dumped another 16 tons of asphalt in the same spot.

"Our bedroom is on the second floor and I've looked out the window and seen trucks actually flying through the air at night," Betty said.

"A Toyota pickup came across the yard end-over-end three times before it landed against the house. The driver was thrown out and taken to the hospital.

"I found his false teeth in a puddle on the lawn and got them back to him.

"We are so used to the sound of cars jumping the curb and sliding through the yard that sometimes we don't even get up to look. We just pull the covers over our heads and go back to sleep."

The Baums have seen a backhoe, a big yellow school bus, police cars and loaded gravel trucks careen into their busy yard.

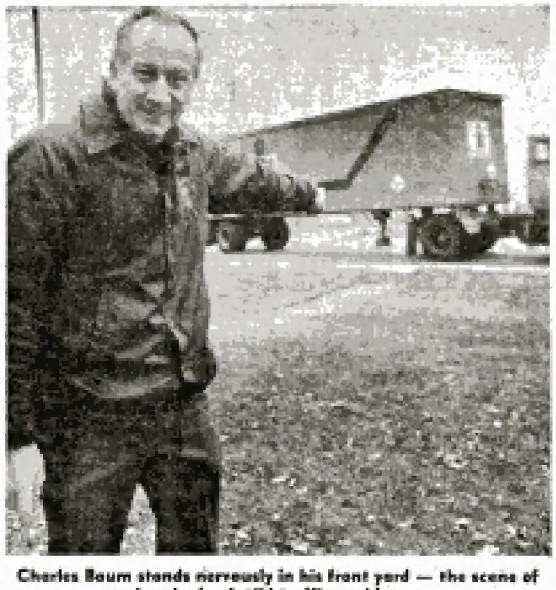
"One night, a car full of teenagers shot 200 feet across the yard and ended up in the trees way behind our house," Betty recalled. "They sat there looking dazed for a while, then just started their car up and drove away. A lot of people do that."

Two men were killed when their motorcycles missed the wicked turn and slammed into the yard.

"We've had loads of people hurt and a couple of kids who were walking were very badly injured when they got hit by cars out of control," Betty said.

The desperate couple lived in the house for 34 years and never had a traffic problem until the freeway was built.

"Now it's like living in the middle of a four-lane highway," Betty said. "We just keep the living room curtains drawn all the time so we won't see the headlights coming at us."



Charles Baum stands nervously in his front yard — the scene of hundreds of wild traffic accidents.

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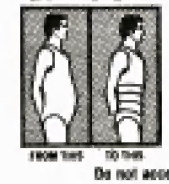

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Eddie Fisher says chubby Liz isn't the gal she used to be

BEST OF THE GOSSIP COLUMNS

Faded '50s crooner **Eddie Fisher**, who just told all in his new book, says he's finally gotten over losing ex-wife **Liz Taylor** to then boozing actor **Richard Burton.**

Eddie says he was shattered when romeo Richard stole the love of his life 20 years ago on the set of the film bomb "Cleopatra."

But time has healed the wound. Looking at a current pix of older and heftier Liz on a magazine cover, Eddie said:

"I once knew a young, beautiful, lovely, exciting woman. This isn't the same person at all." — Roderick Mann.

★ ★ ★

Guess what all those famous celebs do with their fabulous holiday homes when they're not using them? They rent them out.

Film great **David Niven** pockets a cool $5,000 per week as landlord when he rents out his posh digs on the French Riviera.

Princess Margaret of Great Britain gets a neat $3,700 per week for her nearby four-bedroom villa which comes complete with pool and jeep.

George Hamilton rents his Bahama hut and **Roger Moore** leases his ski chalet in Gstaad, Switzerland.

The swankiest of all is the posh 19-bedroom, 18-bath palace in St. Moritz belonging to the late **Shah of Iran's** family. It rents for $10,000 a week and includes the use of 10 horses. — James Brady.

★ ★ ★

Jacqueline Bisset's ex-love **Victor Drai** has been keeping busy since she waltzed off with Russian ballet twinkletoes **Alexander Godunov.**

He is mending his lonely heart by romancing another big screen queen, the cute **Goldie Hawn.** — Liz Smith.

★ ★ ★

Handsome **Steve Ford** had a big surprise for his dad, ex-Prez **Jerry,** and mom **Betty** when he showed up for the swanky bash they threw for Jordan's **King Hussein.**

Hanging on Steve's arm was his new gal, model **Kim King,** last year's "Miss Kodak." This could be serious since Steve introduced the leggy lady to his parents. — Hank Grant.

★ ★ ★

Joining funny **Dudley Moore** in the cast of the zany new spoof on shrinks, "Valium," is famed actor **Sir Alec Guinness,** who played the good knight in "Star Wars."

Sir Alec will play famous Sigmund Freud who gives Dudley a few tips on keeping his head on straight. — London Daily Mail Diary.

★ ★ ★

Stars **Alan Bates, Ann-Margret, Julie Christie** and **Glenda Jackson** are happy that their new film "The Return of the Soldier" will be saved.

The movie ran out of money after $800,000 had been spent. Producers need another $1 million to finish it and English producer **George Walker** says he may dip into his wallet for the loan if he can make an agreement with the current backers. — William Hickey.

★ ★ ★

Pretty, ex-TV sportscaster **Jayne Kennedy** hasn't wasted any time since splitting from hubby **Leon Isaac Kennedy.**

Jayne is soothing her heartbreak with **Frankie Crocker,** head of a top New York radio station. — Cindy Adams.

Eddie Fisher says he no longer regrets that his wife, Elizabeth Taylor, dumped him for superstar Richard Burton.

TV star Sally Struthers of Archie Bunker fame is escorted to a Los Angeles celebrity function by William Escalara.

Young actor Eric Scott, star of TV's "The Waltons," and his wife, Carrie, arrive for a play opening at a Hollywood theater.

NEXT WEEK in The News...

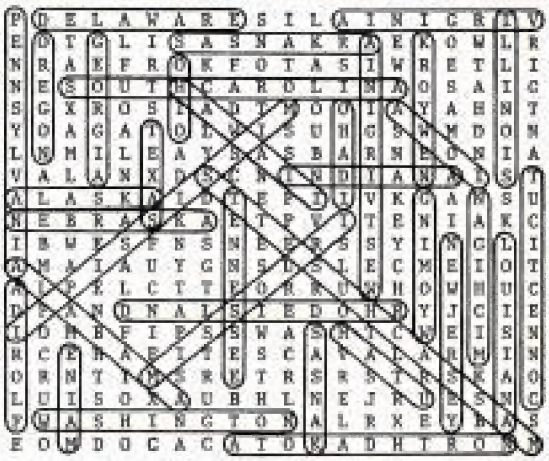
- **"Dynasty" star Joan Collins says that it was pressure from their friends to get married that broke up the sizzling love affair between her and Hollywood romeo Warren Beatty.**
- **The Christmas that frontier outlaw Jesse James played Santa Claus and saved a town from starvation.**
- **A posh restaurant that occupies a building that once housed the city jail is haunted by a ghost of a prisoner that hanged himself.**

PUZZLE CORNER ANSWERS

PUZZLES ON PAGE 39

WORDMUDDLE

The answers to this week's Wordmuddle, the names of states, appear in the diagram at right. They may be read horizontally, vertically, diagonally or backwards.



TELEVISION QUIZ

1. Dan Rowan and Dick Martin were the hosts.

2. "The Flying Fickle Finger of Fate Award."

3. Arte Johnson made the line famous.

4. Judy Carne was the "sock it to me girl."

5. Richard Nixon appeared on the show.

KIDS' QUIZ

He's 52 and she's 47.

Mansion has 2 ghosts and one's a hair puller

By DICK DONOVAN

When the Val Francom family moved into their 67-year-old mansion, they knew it had a proud heritage. But they didn't know it also has a couple of ghosts!

But Val, his wife Rohenah, and their seven children have met the restless ghosts — the good ghost and the naughty ghost.

"We have all seen the good ghost," Rohenah told The NEWS. "He's not frightening at all. I think he just comes here from time to time to make sure the house is being well taken care of.

"But the other one — we think it's the ghost of a woman who lived in these parts years ago — she's not very friendly. She likes to pull my hair when I'm sleeping. And it really hurts!"

The 17-room mansion is located in the once-prosperous gold- and silver-rich mountains outside Eureka, Utah. It was built between 1911 and 1914 by Cecil Fitch, owner of the long-defunct Chief Consolidated Mining Co.

The Francom clan had no idea the mansion was haunted by ghosts when they moved in in 1978. But a couple of weeks later, they got their first clue that all was not entirely normal in the old Fitch house.

"We were all having lunch and we heard someone walking around upstairs . . . where the bedrooms are," Rohenah explained. "We had been hearing it off and on all morning. We thought it was our 4-year-old son, Clifford.

"After lunch, I sent my husband up to check on Clifford, but he couldn't find him. We looked out the window and he was playing outside. He said he had been out there all morning."

Three weeks later, Rohenah had her first terrifying face-to-face meeting with the ghost of old Cecil Fitch.

"I was in the basement doing the laundry," she recalled. "I suddenly had the weird feeling that someone was watching me. I could just feel a pair of eyes following my every move.

"I turned around and there he was, just as plain as day. He was dressed in old-fashioned clothes. He looked a lot like Col. Sanders and had white hair.

"We just stared at each other for a few seconds. He didn't say a word. Then, he just faded away. Vanished, right before my eyes!"

A little later, Rohenah and the children were sleeping in their rooms while Val was working that night. Rohenah said she heard someone come in the door and walk up the stairs and heard each of the bedroom doors open and close.

"I thought it was Val coming home and checking on the children," Rohenah said. "But the next day, the children said they saw the shadow of a man they didn't know come in their rooms and look at them."

But it's the ghost of the mysterious woman that has given Rohenah and her 16-year-old daughter, Ruth, a hard time.

"Ruth came to my bedroom one night and said she was awakened by someone pulling her hair," Rohenah said.

"But a couple of weeks later, I woke up with my head really hurting.

"It was so painful that I had tears in my eyes. I could just make out the shadowy figure of a woman. She was pulling my hair.

"When I yelled, she just floated up to the ceiling and disappeared. It was horrifying!"

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BURNS AWAY MORE BODY FAT EACH DAY THAN 15 HOURS OF NON-STOP EXERCISE!

YOU ACTUALLY SHRINK YOUR BODY'S FAT CELLS STARTING IN JUST HOURS!

What you see on this page is news of a fantastic crash-loss program—the remarkable London University super skim-down diet—that speeds up your body's rate of fat burn-off to that, in JUST A MATTER OF HOURS, you start to burn away stinging layers of fat . . . just like hot water melts down ice . . . so that, in just the first 48 hours, excess flab, fluid and fat are melted away at such a staggering rate of speed you can:

LOSE up to 1 lb. EVERY 8 to 12 HOURS
LOSE up to 1½ to 3 lbs. EACH DAY!

GOVERNMENT OFFICIAL LOSES 10 POUNDS IN JUST 72 HOURS—

So effectively does this University wonder "crash-loss" diet step up your system's rate of fat burn-off, that:

- When tested at one of medical science's foremost research centers on scores of grossly overweight men and women . . . they lost as much as 7 lbs. of excess fat, flab and fluid IN JUST THE FIRST 72 HOURS ALONE . . . and as much as another 3-5—over 7 POUNDS MORE, the next 14 days!
- Even more amazing . . . when tested not on ordinary overweight people but on the most extreme cases of obesity . . . a STAGGERING up to 10 POUNDS OF FAT, FLUID AND FLAB IN JUST 3 DAYS TIME!

You, stepped up their body's rate of fat burn-off and melted away hard set fat with OVER 20 TIMES THE SPEED OF EVEN BRUTAL EXERCISE!

TURNS YOUR ENTIRE BODY INTO A SUPER FAT-BURNING FURNACE!

In fact, based upon Calorie Burn-Off Research from London's leading Medical School, the calorie-deficit created in your system by this 'crash-loss' high-burn program is staggering: deficit of as much as 2,400 calories a day (depending on required daily intake) works with such breathtaking speed you actually:

BURN AWAY MORE FAT EACH DAY than

- Running 100 Miles A Week
- do—over 2,800 sit-ups and push-ups a day
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What is this amazing fat-destroyer that helps to burn away fat by the ton—come away inches by the week?

Briefly stated . . . it is the London University crash-burn diet, a remarkably simple way to take special combinations of high-burn foods and create what doctors call a "hypocaloric effect" to take place inside their bodies . . . that turns their system into a GIANT FAT BURNING MACHINE! Yes, actually reverses your body's fat build-up process so you COMPLETELY STOP EXCESS fat-builder calories from entering your system . . . or being absorbed by your body and turned into fat like in the past! So obviously, down go the calories, up goes the rate of fat burn-off and off come the pounds and inches at a rate that absolutely staggers the imagination!

Yes, a TOTAL FAT-DESTROYER program that ACTUALLY SHRINKS YOUR BODY'S FAT CELLS starting in just hours . . . melts down even the most stubborn fatty bulges . . . so you lose weight all over your body . . . LOSE IT BY THE HOUR . . . all starting the very first day. In fact of all medically sound reducing programs, ONLY TOTAL STARVATION WORKS FASTER!

AMAZING "INNER FURNACE EFFECT" HELPS TRIGGER THE MOST DYNAMITE FAT-BURN SPREE OF YOUR LIFE!

Now comes the most exciting news of all. Because, now from London, England comes the thrilling announcement and release to the American public of a medically proven reducing-aid formula that works before meals to reduce hunger, to help keep this program's "crash-loss" fat-burning chain-reaction going in your body non-stop all day long.

Called "MIRA-SLIM 100," these amazing tablets burn off your hunger drive . . . that maddening urge to eat just like you turn off a light switch. Makes it easier to lower calorie intake so you safely, surely TURN UP the level of your fat-burning metabolism after every time food enters your body on this London University wonder diet program.

Meaning the food you take in, the calories you enjoy are burned away by your own stepped-up metabolic system in as little as 2 to 3 hours after eating!

IF YOU READ NOTHING ELSE, READ THIS

This program involves a high-speed crash-fast diet that lowers calorie intake, essential to the reduction of body weight. Such results cannot be achieved safely through the use of the tablets. The more overweight you are, the higher calorie requirements the more you have to lose, the faster you should lose it.

ONE LAST FACT:

The documented figures printed on this page from LIVING PROOF CASE HISTORIES are exceptional and accurate results of overweight men and women who have tested this London University Medical School weight-loss wonder-program. Naturally, speed and amount of weight-loss depends on metabolic factors which vary among individuals. So obviously not everyone will lose the exact same weight in the exact time. But no matter what your starting metabolic rate, you must be thrilled with your own weight-loss and inch-loss results, or you can return the MIRA-SLIM'100' London University crash-loss program for a complete refund.

THE FOOD YOU EAT NO LONGER TURNS TO FAT!

So, obviously, since it takes far less food to satisfy you, lowering calories is a lark. And since the calories you do take in on this "crash-loss" diet program are burned right up, at your body after every time you eat . . . you start to TURN SLIMMER, not only after the very first meal . . . BUT—**even meal thereafter!**

PROVE EVERY LOST OUNCE, EVERY LOST INCH—ENTIRELY AT OUR RISK

Right now, look at your figure in the mirror and ask yourself these questions—

How would I look one week from today as much as 5 to 10 pounds lighter?

How would I look in 2 weeks with my waistline 2 to 4 sizes smaller?

BUT DON'T STOP THERE—If you need to lose still more inches, then continue the University "crash-loss" diet, continue to take "MIRA-SLIM/100" until you've reached the figure of your dreams:

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IN FACT, OF ALL MEDICALLY SOUND REDUCING PROGRAMS **ONLY TOTAL STARVATION WORKS FASTER!**

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